

Dear Claire, John, Thomas and Francesco

I shall look forward to meeting with you all on the 14th of November to explore Fordham in the context of Jung's Self.

I am sure that you have all come across James Astor's book titled Michael Fordham. I think that this is a good copy to have. It helps the reader appreciate Fordham for the person he was, the scientist, the analyst and the writer. Astor gives a good summary of Fordham's theories and evolution of thought.

For today's discussion it would be helpful to read the following. The chapters are quite short but of course read only what you can manage:

i) James Astor (1995), Michael Fordham: Innovations in analytical psychology.

- Chapter 1 – Thinking into feeling, the person
- Chapter 4 – The self in infancy and childhood, pioneering discoveries
- Chapter 5- Ego development in infancy and childhood the integration of observational research
- Chapter 6 Archetypes their biological basis and actions of the self

ii) Fordham, M (1985). Explorations into the self

- . Chapter 6 The ego and the self

ii) Urban, E. (2022). Understanding Infants psychoanalytically. A Post Jungian perspective on Michael Fordham's model of development.

- Chapter 1 The primary self and related concepts in Jung, Klein and Isaccs
- Chapter 6 Fordham, Jung and the self. A reexamination of Fordham's contribution to Jung's conceptualization of the self.

Best Wishes
Hellen Mabhikwa