

West Midlands Institute for Psychotherapy
Analytical Psychotherapy Training: Birmingham

Reading List

Bion in the Context of Jung's Self – Katerina Sarafidou

17 October 2026

Recommended Reading:

- Bion, W.R. (1967) Chapter 9 - A theory of thinking. In, *Second Thoughts*, London: Karnac Books.
- Bion, W.R. (1967) Chapter 8 – Attacks on Linking. In, *Second Thoughts*, London: Karnac Books
- Bion, W.R. 1967. Notes on memory and desire. In *The Psychoanalytic Forum*, 2:272–3, 279–80)
- Mathew, M. 2005. Reverie: between thought and prayer. *Journal of Analytical Psychology*, Vol. 50 (3) pp. 383-393. Available via *PepWeb*
- Stevens Sullivan, B, 2010 – Chapter 2, *The Creative Unconscious and the Self*. In, *The Mystery of Analytic Work*, Routledge
- Symington, N. 1996. Chapter 11. Transformations. In, *The Clinical Thinking of Wilfred Bion*.

Further Reading

- Abel-Hirsch, Nicola. 2016. Alpha-Function and the Unconscious Mind *British Journal of Psychotherapy*, 32(2):215-225
- Bion, W.R. 1970. *Attention and Interpretation*
 - Chapter 3 – Reality, Sensuous and Psychic
 - Chapter 4 – Opacity of Memory and Desire
 - Chapter 9 – Ultimate Reality
- Bion, W.R. 1989. *Caesura*. In, *Two Papers: The Grid and Caesura*.
- Britton, R. (1992) *Keeping things in mind*. In R. Anderson (ed.) *Clinical Lectures on Klein and Bion*, London: Routledge Available via *Pep Web*
- Symington, N. 1996. Chapter 14. *Without Memory or Desire*. In, *The Clinical Thinking of Wilfred Bion*.
- Waddell, M. 1998. *Infancy: Containment and Reverie*. Chapter 3, in *Inside Lives: Psychoanalysis and the growth of the Personality*