

## **Does Social Class Matter? Everywhere, Nowhere**

When I recently searched for examples of class in psychoanalysis on the PEP website, only a small number of articles appeared. In some ways, this reflects how relatively underexplored the subject has been within the consulting room and psychoanalytic literature more broadly. Therefore, I have selected two chapters from one book, alongside an additional article from the British Journal of Psychotherapy.

I would also like you to watch the film *My Fair Lady*, which will hopefully help bring issues of class to life and generate a rich discussion on the day. Finally, I would like you to watch a short YouTube clip (link below), which further illustrates class differences through comedy and social observation.

**Ryan, J. (2006). 'Class is in You': An Exploration of Some Social Class Issues in Psychotherapeutic Work.** British Journal of Psychotherapy, 23(1), 49–62. Available via PEP-Web.

**Ryan, J. (2017) Class and Psychoanalysis.**

- Chapter 1 - Introduction: why class and psychoanalysis?
- Chapter 7 - Class within Therapy Relationships

**Social classes in the UK. Sketch by John Cleese**

<https://youtu.be/ekw9qTyXQXI?si=1Sx4qpkpv6bn5O4o>

**If you are still keen to understand further the complex interplay of class and psychoanalysis I have added a link below of a recording of an event at the Freud Museum. Joanna Ryan (above author) shares her views.**

<https://www.freud.org.uk/2017/11/22/class-psychoanalysis-joanna-ryan-discussion-barry-watt/>

I look forward to seeing you soon.

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