

**Saturday 30th May, 2026**

**APT: Birmingham Teaching**

**Clinical Assessment  
Sheila Bonas**

**Reading List:**

Ogden, T. (1989). 'The Initial Analytic Meeting'. Chapter 7 in *The Primitive Edge of Experience*. London: Karnac.

Wiener, J. (1998). 'Tricky Beginnings: Assessment in Context'. Chapter 5 in *Contemporary Jungian Analysis*. London: Routledge.

Britten, C., Brown, G and Duckham, J (1998). 'Reflections on Assessment at the C. G. Jung Clinic'. Chapter 5 in *Contemporary Jungian Analysis*. London: Routledge.

Cooper, J & Alfillé, H, Eds (1998) *Assessment in Psychotherapy*. London: Karnac. - all of this is relevant. I don't expect you to read the whole book, but worth keeping a note of for further reading as you prepare to start clinical work. For now, focus on Chapter 4, The assessment consultation.

Withers, R Ed (2003) *Controversies in Analytical Psychology*. London: Karnac. Chapter 10, Frequency of sessions and the analytic frame by Martin Stone and Moira Duckworth.

In preparation for the seminar, please think about your experiences of assessing potential patients if you have done that, or of being assessed yourself if you haven't, and bring any questions that raises for you to discuss. I know there is a lot of reading for one 90 minute seminar. Do what you can and keep the list for further reading.