

(June 2026 cont.)

Together, we will reflect on the kenotic (self-emptying) nature of love; on the ancient idea of theosis, or divine becoming in this life; and on epiktasis, the souls' capacity for unending growth beyond death. We will consider the continuing presence of the dead in our lives and ask what it means to live in a transformative relationship with them.

Grief—in its many forms: for those we have loved, for our own suffering, for our ancestors, for victims of war and famine, and for the Earth itself—offers an initiation, a rebirth into a richer life.

Drawing on the Gospel of Mary Magdalene and the mystical revelation of Ladislaus Boros, we will explore how preparing consciously for death may not only enrich us in this life but also set us on our way in the next.

The Chronicles of Narnia (7): The Last Battle by C S Lewis concludes with the gentle encouragement:

“All their life in this world and all their adventures in Narnia had only been the cover and the title page: now at last they were beginning Chapter One of The Great Story which no one on earth has read: which goes on for ever: in which every Chapter is better than the one before.”

Catherine Cox is a Jungian Analyst and Supervisor in private practice (WMIP and BJAA), working between London and Norfolk. Her professional journey began with the study of theology and work in ministry, followed by a career in law, before she ultimately trained as an analytical psychologist. She is the founder of With Ukrainian Jungians, an international initiative that supports Ukrainian colleagues through webinars, social dreaming matrices, and reading groups. Catherine's early experience as a prison chaplain has informed her clinical work, particularly with analysands presenting complex psychological material. She has a particular interest in the intersection of analytical psychology, spirituality, and ritual, and in the study of Jung's Red Book.

APPLICATION DETAILS FOR NOVEMBER 2025

This lecture will take place in-person only at St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham B29 7LL and will be held between 10.15am and 2.30pm (GMT).

The cost for the lecture is £95.00 or £47.50 (trainee psychotherapists).

Refreshments and a buffet lunch are also included.

APPLICATION DETAILS FOR JANUARY AND MARCH 2026

These lectures will be held via Zoom Video Conferencing only – from 1:30pm - 4pm (GMT) in January and from 10:15am - 12:45pm (GMT) in March.

APPLICATION DETAILS FOR MAY AND JUNE 2026

These lectures will take place in-person only at St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham B29 7LL and will be held between 10.15am and 12.45pm (GMT).

The cost for these lectures is £50 for WMIP members and £60 for non-WMIP members

Please refer to the application form for further details on reduced fees offered

PAYMENT DETAILS

Please make BACS payments as follows:

Account Name: The Training in Jungian Analytical Psychotherapy

Bank: Barclays, Sort Code: 20-08-44, Account No: 03737950

(Please use your name as the reference)

Analytical Psychotherapy Training: Birmingham

Unit 1A, Stockwith Park, Stockwith Road, Misterton, Nottinghamshire.

DN10 4ES. Telephone: 07789 545908 Email: aptc@wmip.org

WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY



The Analytical Psychotherapy Training:
Birmingham

Presents

A Public Lecture Series
2025 / 2026

1st November 2025

17th January 2026

7th March 2026

9th May 2026

6th June 2026

A series of papers which illustrate the influence and application of Jungian and psychoanalytic concepts to the practice of analytical psychotherapy.

BRITISH/
PSYCHOANALYTIC
/COUNCIL



Saturday 1st November 2025

**A WORKSHOP ON WHITENESS:
EXPLORING RACISM IN THERAPEUTIC WORK**

Helen Morgan

This workshop is rooted in the assumption that the division of the races was created by a racist system for economic and political purposes. It is a deep, entrenched, social structure which creates and promotes white advantage. It is one within which we all live and is a dynamic which will inevitably permeate our therapeutic work. I suggest the position of colour blindness - which is frequently that taken by white therapists - resists acknowledgement of this reality and avoids the work required of us. I argue this is no altruistic endeavour but that, whilst clearly doing untold harm to people of colour, such a system also limits and distorts the development of white individuals and the society in which we are citizens.

The day will include a presentation and small group work

Helen Morgan is a Fellow of the British Psychotherapy Foundation and a training analyst and supervisor for the British Jungian Analytic Association within the BPF. Her background is in therapeutic communities with adolescents and in adult mental health. She has published a number of papers on racism, and her book 'The Work of Whiteness. A psychoanalytic perspective' was published by Routledge in May 2021.

Saturday 17th January 2026

ACORN INTO OAK TREE: GENDER TRANSITION AND INDIVIDUATION

Adina Davidson

This paper will discuss Dr. Davidson's experience that gender transition, in all its many forms, functions as an agent of individuation. In addition, the paper explores the contrast between our cultural attitudes of widespread acceptance of many kinds of medical transformation of our bodies and the shadow projection that seems to often be constellated by medical changes to bodies that impact gender. We will look at an appropriate analytic attitude toward analysands who are exploring gender. Finally, the paper will lay out the possibility that Jung's thesis -beginning with the Red Book - that we all have all the archetypes offers a uniquely Jungian lens into gender expansiveness.

Adina Davidson got her Ph.d from Case Western Reserve University in 1993. She was a family therapist in private practice and the Clinical Services Director at a social service agency in Cleveland, Ohio for 25 years. She began analytic training in 2012 and became an analyst and member of the CSJA in 2019. She co-created (with Dan Ross and Andrea Gaspar) the online course Memories, Dreams and Reflections. She has co-directed the 2-year certificate program called Jungian Psychotherapy Program/Jungian Studies Program for the past 4 years. In addition to her analytic practice she co-hosts a podcast on Fairytales and Mythology called Jungian Ever After.

Saturday 7th March 2026

**THE POWER OF SYMBOLS AND THE POETICS OF PEACE –
CONNECTING THE PERSONAL, POLITICAL AND COSMIC**

Richard Jenkins

This lecture explores the significance of Jung's notion of the 'uniting symbol'—not only in relation to the treatment of personal trauma, but also in healing the body politic. Drawing on Jung's distinctive thinking, especially as expressed in *The Red Book*, it considers the conditions that enable such symbols to arise in the consulting room and in communities. Special emphasis will be given to the poetic and political imagination needed to support the emergence of the uniting symbol.

The talk will draw parallels between the long-standing conflict in Ireland and today's landscape, where competing truth claims undermine social trust, limit our capacity to think and speak, and fuel cycles of violence. Jung warned us "not to be indifferent to the poets," as they "create from the very depths of the collective unconscious, voicing aloud what others only dream" (CW VI, §323). The paper will highlight the struggles of poets from the north of Ireland over the past century to give voice to that symbolic and imaginative depth.

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It will suggest what we can learn from them and the emergent Northern Irish peace process about the 'vocation' of analytical psychology today.

Finally, the lecture offers a personal reflection on the making of a Jungian Analyst by someone born and raised in Belfast at the height of the conflict known as 'The Troubles'.

Richard Jenkins is a Jungian Analyst and Psychodynamic Psychotherapist. Before training at the Association of Jungian Analysts (AJA), he qualified at WPF Therapy. He teaches at the Bowlby Centre, on AJA's training for qualified psychotherapists as well as the WMIP course. Richard holds degrees in Law, Theology, a Master's in Contemporary Theology, and postgraduate diplomas in Pastoral Counselling and Psychodynamic Theory. His work is informed by a long-standing interest in the intersection of psyche, culture, and meaning.

Saturday 9th May 2026

WHEN SICKNESS BECOMES THE GOAL:

ANOREXIA NERVOSA AS A SPECIAL INTEREST IN AUTISTIC GIRLS

Elizabeth A Anscombe

This paper explores the four-year psychotherapeutic journey of a 13-year-old autistic girl diagnosed with Anorexia Nervosa, aiming to understand her internal world and the interplay between her neurodivergence and eating disorder. In clinical practice, autistic girls often develop intense special interests; for some, anorexia becomes such an interest, characterized by a compulsion to excel in restrictive behaviours. The fear of relinquishing the anorexic identity raises concerns about how their emotional needs will be addressed by parents, healthcare professionals, therapists, and educators. More profoundly, there exists a certainty that adults may fail to recognize that academically capable adolescent girls might not be psychologically prepared for the responsibilities of adulthood.

Recent research highlights that autism manifests differently in girls compared to boys. Gina Rippon, in her 2025 book *The Lost Girls of Autism*, emphasizes that the historical male-centric view of autism has led to the underdiagnosis and misunderstanding of autistic girls, who often camouflage their symptoms to fit societal expectations. This case study underscores the necessity for clinicians to adopt gender-sensitive approaches when diagnosing and treating eating disorders in autistic adolescents.

Elizabeth Anscombe is a child and adolescent psychoanalytic psychotherapist, who trained at the Tavistock and Portman clinic. She is currently the Lead Psychotherapist in the CAMHS Adolescent Eating Disorders service at the Royal Free London. Elizabeth is trained in delivering adolescent-focused treatment for anorexia, plus family therapy for families affected by anorexia and bulimia. Elizabeth is a senior honorary lecturer at the Tavistock Clinic and also lectures and supervises Eating Disorders and Attachment Trauma, at the Anna Freud Centre, the Society of Analytic Psychology, and the British Psychoanalytic Society. Elizabeth has previously worked as a psychotherapist and art therapist at the Mildmay hospice in East London, working alongside adults, parents and children with HIV/AIDS.

Saturday 6th June 2026

**AWAKENING IN THE SEPULCHRE:
A JOURNEY TO ETERNAL BECOMING**

Catherine Cox

"My works are fundamentally nothing but attempts, ever renewed, to give an answer to the question of the interplay between the 'here' and the 'hereafter.'" — C.G. Jung, *Memories, Dreams, Reflections*

Sonu Shamdasani, editor of *The Red Book*, describes how Jung, in 1945, articulated what he described as a critical reformulation of analysis:

The whole goal of analysis is conceived ... as the preparation for the detachment of the soul from the body. Not how is your life going, but how is your death coming along, would be the critical question from this perspective. Thus, analysis became reframed as a modern form of the *ars moriendi*.

This seminar invites a profound reorientation in how we live our lives. It is an invitation to drop into a deeper, more vital current of being— challenging, requiring sacrifice, but also alive with joy.