

## The Analytical Psychotherapy Training: Birmingham (WMIP)

### Whiteness and its Impact on Clinical Work

May 16<sup>th</sup> 2026: Helen Morgan

We will be drawing on the material in the following required texts throughout the day so please watch, listen or read before the event.

**Please watch:** Helen Morgan, The Problem of Whiteness

[https://www.youtube.com/watch?v=gL2TE\\_n4Jlo](https://www.youtube.com/watch?v=gL2TE_n4Jlo)

**Please listen to Fanny Brewster on 'This Jungian Life' podcast:** <https://thisjungianlife.com/episode-087-the-racial-complex/>

#### Required Reading:

**Brewster, F. & Morgan, H.** (2022) The Creation of the *Other*. Modern Psychology and its Influences. Chapter 4, *Racial Legacies. Jung, Politics and Culture*. Oxford: Routledge

**Johnson, J.** (2020) Being white, being Jungian: implications of Jung's encounter with the 'non-European' other. *Journal of Analytical Psychology*. 65:4, pp705-718

**Morgan, H.** (2021) Decolonising Psychotherapy. Racism in the Psychoanalytic Profession. *Psychoanalytic Psychotherapy* Vol: 35, Issue 4. 412 – 428

**Morgan, H** (2021) Chapter 3: Race and Racism. In *The Work of Whiteness. A Psychoanalytic Perspective*. Oxford: Routledge

**Weir, D.** (2021) *The White Man in the Room: Finding my position as a White Therapist*. British Journal of Psychotherapy. 37:3

#### Further Reading:

**Adams, M. V.** (1996) *The Multi-cultural Imagination: 'Race', Colour and the Unconscious*. London: Routledge.

**Carter, C. & Houck, T.** (Eds) (2023) *Jungian Reflections on Systemic Racism. Members of an American Psychoanalytic Community on Training, Practice and Inclusivity*. Routledge. NY

**DiAngelo, R.** (2018) *White Fragility. Why It's So Hard for White People to Talk About Racism*. UK: Penguin Random House

**DiAngelo, R.** (2021) *Nice Racism: How Progressive White People Perpetuate Racial Harm*. Allen Lane

**Eddo-Lodge, R.** (2017) *Why I'm No Longer Talking to White People About Race*. London: Bloomsbury Circus

**Ellis, E.** (2021) *The Race Conversation. An essential guide to creating life-changing dialogue*. London: Confer Books

**Altman, N.** (2010) *The Analyst in the Inner City. Race, Class and Culture Through a Psychoanalytic Lens*. Sussex & NY. Routledge.

**Brewster, F.** (2013) Wheel of fire: the African American dreamer and cultural unconsciousness, in *Jung Journal: Culture and Psyche* 7:1 pp 70-8

- Brewster, F.** (2017) *African Americans and Jungian Psychology.: Leaving the Shadows*. London: Routledge
- Brewster, F.** (2019) *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss*. London & New York.: Routledge
- Brewster, F.** (2020) *The Racial Complex: A Jungian Perspective on Culture and Race*. London & New York.: London & New York: Routledge
- Brickman, C.** (2018) *Race in Psychoanalysis: Aboriginal Populations of the Mind*. London: Routledge
- Dalal, F.** (1998) *Taking the Group Seriously: Towards a Post-Foulkesian Group Analytic Theory*, London: Jessica Kingsley Publishers.
- Dalal, F.** (2002) *Race, Colour and the Process of Racialization: New Perspectives from Group Analysis, Psychoanalysis and Sociology*, Hove, East Sussex: Brunner Routledge.
- Dauids, F.** (2011) *Internal Racism: a psychoanalytic approach to race and difference*. Basingstoke: Palgrave Macmillan
- Evans Holmes, D.** (1992) Race and Transference in Psychoanalysis and Psychotherapy. *International Journal of Psychoanalysis*, 73(1), 1-11
- Fanon, F.** (1986) *Black Skin, White Masks*. Pluto Press. London
- Fletchman Smith, B.** (2000) *Mental Slavery. Psychoanalytic Studies of Caribbean People*. London: Rebus Press
- Fletchman Smith, B.** (2011) *Transcending the Legacies of Slavery. A Psychoanalytic View*. London: Karnac Books
- Frosh, S. (1989).** Psychoanalysis and racism. *Crisis of the Self: Further Essays on Psychoanalysis and Politics*. (Ed.) Richards, B. London: Free Association Books.
- Gordon, P.** (1993b). Souls in Armour: Thoughts on psychoanalysis and racism. *British Journal of Psychotherapy*, 10(1). 62-76
- Hillman, J.** (1986) Notes on white supremacy. *Essaying an archetypal account of historical events, Spring Publications*, 29:56
- Keval, N.** (2016) *Racist States of Mind. Understanding the Perversion of Curiosity and Concern*. London: Karnac Books Ltd.
- Kimble, S.** (2014) *Phantom Narratives: The Unseen Contributions of Culture to Psyche*, London: Rowman & Littlefield.
- Lowe, F.** (2006) Racism as a borderline issue: the avoidance and marginalization of race in psychotherapy. Chapter 3, *Difference: an avoided topic in practice* (Eds) Foster et al. London: Karnac
- Morgan, H.** (2008). Issues of 'Race' in Psychoanalytic Psychotherapy: Whose Problem is it Anyway? In *British Journal of Psychotherapy*: 24, 1
- Morgan, H.** (2014) Between Fear and Blindness - the white therapist and the black patient. In Lowe, F. (Ed) *Thinking Space*. London: Karnac.
- Morgan, H.** (2021) *The Work of Whiteness. A psychoanalytic perspective*. Oxford: Routledge
- Thomas, L.** (1992). Racism and Psychotherapy: working with racism in the consulting room - an analytic view. *Intercultural Therapy*. (Eds) Kareem, J. & Littlewood, R. Oxford: Blackwood Scientific Publications.