

West Midlands Institute of Psychotherapy

Contrasexuality

Saturday 31st January 2026

10.15-11.30am – Seminar 1 Jung and the contrasexual: Animus and Anima

11.45-13.00pm – Seminar 2 The contrasexual since Jung

2pm – 3.15pm – Clinical Seminar

Seminar Leader:

Richard Jenkins

Aims:

By the end of the seminars trainees will be familiar with the context and significance of the contrasexual in Jung's original thought and the novel ways it has been interpreted, applied, misapplied and critiqued since.

Methods:

Teaching will involve prior reading, lecture input, powerpoint illustrations, discussion, shared study of a key piece of the text, and opportunity in the clinical seminar to share reflections on clinical impact of the theory in contemporary therapeutic practice.

Note on readings – there is a lot of material on this area, so please read what you can from the selection. It would be a shame not to read Emma Jung's essay, but I realise that you can't do it all!

Readings via Dropbox:

<https://www.dropbox.com/scl/fo/lzb1d2epz2kkef1z044uh/ADEhGwQoGbjW2loHWixki bo?rlkey=mp796c38cs79anlbf80cw74me&st=877sio9s&dl=0>

Seminar One

Essential Reading

Jung, C. G., (1935), The Relations Between the Ego and the Unconscious, *Anima and Animus*, Collected Works, Vol VII, paras 296-340

Jung, C. G., (2009) The Castle in the Forest, The Red Book *Liber Novus* A Readers' Edition. Pp 220 – 232, Norton, London

Further Reading

Jung, E., (1957), On the Nature of the Animus, 'Animus and Anima: Two Essays', Analytical Psychology Club of New York, New York

Seminar Two

Reading

Goss, P., (2008) Envisaging animus: and angry face in the consulting room, C12 in Huskinson, L., (Ed) Dreaming the Myth Onwards: New directions in Jungian therapy and thought, Routledge, Brighton, pp145-155

Marsman, M., (2017), Transgenderism and transformation: an attempt at a Jungian understanding, JAP, 2017, 62, 5, 678-687

McKenzie, S., Queering gender: anima/ animus and the paradigm of emergence, JAP, 2006, 51, 401-421

Young-Eisendrath, P., (1997) *Gender, Contrasexuality, and Self*, Gender & Desire: Uncursing Pandora, A&M University Press, Texas, pp 25-59