

Reading List for Seminars 1 and 2: November 15th 2025

Theoretical Concepts of Structure and Functions of Psyche

Winnicott

From Freud to Winnicott (Loparic, Z) in **Donald Winnicott Today** (edited by Abram, J) Routledge 2012 pp 131-150

The Theory of the Infant –Parent Relationship (1960) Ch3 in **Maturational Processes and the Facilitating Environment** (Winnicott, D.W) Karnac 1990

The Capacity to be Alone (1958) Chapter 2 in **Maturational Processes and the Facilitating Environment** (Winnicott, D.W) Karnac 1990

D.W.W on D.W.W in **Psychoanalytic Explorations** (Ed Winnicott, C, Shepherd and Davis) Karnac 1989 is also a very interesting read. It is Winnicott's own account in his idiosyncratic way as to the evolution of his ideas and complements the Loparic paper well.

Other Relevant Papers for this subject area are:

From Dependence towards Independence in the Development of the Individual (1963) in **Maturational Processes and the Facilitating Environment** (Winnicott, D.W) Karnac 1990

The Development of the Capacity for Concern (1963) in **Maturational Processes and the Facilitating Environment** (Winnicott, D.W) Karnac 1990