## THE ANALYTICAL PSYCHOTHERAPY TRAINING at WMIP

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## The Kleinian Perspective (through a Jungian lens?)

The first paper is an engagingly straightforward (& short!) introduction to Melanie Klein and the clinical origins of her subsequent theorising about the structure and dynamics of the world of internal objects which (she believed) has such an influence on our experience of the external world and relationships, including of course the transference –

Daniel, P. (1992). 'Child analysis and the concept of unconscious phantasy'. Ch.1 *Clinical lectures on Klein and Bion* ed. Anderson. Also on Pepweb.

The master of developing this trajectory - largely via Money-Kyrle & Bion - was Donald Meltzer, who is at his most eloquent in -

Meltzer, D. (1989). 'Psychoanalysis acknowledges its poetic forebears and joins the artistic family'. Ch.5 *Selected papers, Vol 2*. Also on Pepweb.

Of particular interest to us may be the possible correlations between what Meltzer attributes to the role of the internal couple (the creative combined object) and what Jung expressed as actions of the Self.

Finally, by way of consolidating these ideas, you might want to revisit another Meltzer paper we read for a previous seminar that elaborates the history of the development of this *Kleinian perspective* –

Harris, M.H. (2005). *The Vale of Soulmaking*. Foreword by Donald Meltzer. Also on Pepweb.