

THE ANALYTICAL PSYCHOTHERAPY TRAINING: BIRMINGHAM

SYLLABUS 2025-2026

TERM 1: THEORETICAL CONCEPTS OF STRUCTURE AND FUNCTIONS OF PSYCHE

Date	10:15 – 11:30	11:45 – 13:00	14:00 – 15:15
27 th September 2025	Meeting with Committee <i>John Peek Room / Dame Rachel Waterhouse Room</i>	Meeting with Committee <i>John Peek Room / Dame Rachel Waterhouse Room</i>	Beginnings <i>Myra Connell</i> <i>Dame Rachel Waterhouse Room</i>
4 th October <i>Dame Rachel Waterhouse Room</i>	Jung's Approach to Psychotherapy; Historical Perspective <i>Max Noak</i>	Jung's Approach to Psychotherapy: The Teleological Perspective <i>Max Noak</i>	Clinical Seminar <i>Max Noak and trainee</i>
11 th October <i>Dame Rachel Waterhouse Room</i>	Freud's Perspective <i>Kate Surgeoner</i>	Freud's Perspective <i>Kate Surgeoner</i>	Clinical Seminar <i>Kate Surgeoner and trainee</i>
18 th October <i>Dame Rachel Waterhouse Room</i>	Klein's Perspective <i>William Meredith-Owen</i>	Klein's Perspective <i>William Meredith-Owen</i>	Clinical Seminar <i>William Meredith-Owen and trainee</i>
25 th October	HALF TERM – NO SEMINARS		
1 st November <i>(In-Person only at St Paul's Convent)</i>	PUBLIC LECTURE – Helen Morgan		
8 th November <i>Dame Rachel Waterhouse Room</i>	Bion's Perspective <i>Shane Sneyd</i>	Bion's Perspective <i>Shane Sneyd</i>	Clinical Seminar <i>Shane Sneyd and trainee</i>
15 th November <i>Dame Rachel Waterhouse Room</i>	Winnicott's Perspective <i>Sarah Cooke</i>	Winnicott's Perspective <i>Sarah Cooke</i>	<i>Clinical Seminar</i> <i>Sarah Cooke and trainee</i>
22 nd November <i>Dame Rachel Waterhouse Room</i>	Fordham's Perspective <i>Leigh Money</i>	Fordham's Perspective <i>Leigh Money</i>	Clinical Seminar <i>Leigh Money and trainee</i>
29 th November <i>Dame Rachel Waterhouse Room</i>	Matte Blanco's Perspective <i>William Meredith-Owen</i>	Matte Blanco's Perspective <i>William Meredith-Owen</i>	Clinical Seminar <i>William Meredith-Owen and trainee</i>
6 th December <i>Dame Rachel Waterhouse Room</i>	Jungian Approach to Window of Tolerance <i>Jay Barlow</i>	Jungian Approach to Window of Tolerance <i>Jay Barlow</i>	Clinical Seminar <i>Jay Barlow and trainee</i>

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TERM 2: CLINICAL PRESENTATIONS AND TECHNIQUE

Date	10:15 – 11:30	11:45 – 13:00	14:00 – 15:15
10 th January 2026 <i>Dame Rachel</i> <i>Waterhouse Room</i>	Transference/CounterTransference - Positive <i>Laura Chaisty</i>	Transference/CounterTransference - Negative <i>Laura Chaisty</i>	Clinical Seminar <i>Laura Chaisty and trainee</i>
17 th January (Zoom only. 1.30pm - 4pm GMT)	PUBLIC LECTURE – Adina Davidson		
24 th January <i>Dame Rachel</i> <i>Waterhouse Room</i>	Transference / Counter Transference including Erotic Transference <i>Mark Saban</i>	Transference / Counter Transference including Erotic Transference <i>Mark Saban</i>	Clinical Seminar <i>Mark Saban and trainee</i>
31 st January <i>Dame Rachel</i> <i>Waterhouse Room</i>	Contrasexuality <i>Richard Jenkins</i>	Contrasexuality <i>Richard Jenkins</i>	Clinical Seminar <i>Richard Jenkins and trainee</i>
7 th February <i>Dame Rachel</i> <i>Waterhouse Room</i>	Complexes <i>Joanna de Waal</i>	Complexes <i>Joanna de Waal</i>	Clinical Seminar <i>Joanna de Waal and trainee</i>
14 th February	HALF TERM - NO SEMINARS		
21 st February <i>Dame Rachel</i> <i>Waterhouse Room</i>	Ego Defences <i>Julian Masters</i>	Defences of the Self <i>Julian Masters</i>	Self-Care System Defence – Kalsched <i>Julian Masters</i>
28 th February <i>Dame Rachel</i> <i>Waterhouse Room</i>	Attachment <i>Rachel Dunkley-Jones</i>	Attachment <i>Rachel Dunkley-Jones</i>	Clinical Seminar <i>Rachel Dunkley-Jones and trainee</i>
7 th March (Zoom only. 10.15am – 12.45pm GMT)	PUBLIC LECTURE – Richard Jenkins		
14 th March <i>Dame Rachel</i> <i>Waterhouse Room</i>	Obsessive- Compulsive States <i>Hessel Willemsen</i>	Obsessive- Compulsive States <i>Hessel Willemsen</i>	Clinical Seminar <i>Hessel Willemsen and trainee</i>
21 st March <i>Dame Rachel</i> <i>Waterhouse Room</i>	Psychosomatic Defences <i>Alison Rolfe</i>	Psychosomatic Defences <i>Alison Rolfe</i>	Clinical Seminar <i>Alison Rolfe and trainee</i>

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TERM 3: CULTURE, SOCIETY AND THE CONSULTING ROOM

Date	10:15 – 11:30	11:45 – 13:00	14:00 – 15:15
2 nd May	BANK HOLIDAY – NO SEMINARS		
9 th May <i>(In-Person only at St Paul's Convent)</i>	PUBLIC LECTURE - Elizabeth Anscombe		
16 th May <i>Dame Rachel Waterhouse Room</i>	Racism Part I: Whiteness and its Impact on Therapeutic Work <i>Helen Morgan</i>	Racism Part I: Whiteness and its Impact on Therapeutic Work <i>Helen Morgan</i>	Clinical Seminar <i>Helen Morgan and trainee</i>
23 rd May	HALF TERM – NO SEMINARS		
30 th May <i>Dame Rachel Waterhouse Room</i>	Digital Culture – Does the Body Matter <i>Kathrine Quiller</i>	Digital Culture – Does the Body Matter <i>Kathrine Quiller</i>	Clinical Assessment <i>Sheila Bonas</i>
6 th June <i>(In-Person only at St Paul's Convent)</i>	PUBLIC LECTURE – Catherine Cox		
13 th June <i>Dame Rachel Waterhouse Room</i>	Gender and Sexuality in Our Times <i>Alison Rolfe</i>	Sexual Identity <i>Alison Rolfe</i>	Clinical Seminar <i>Alison Rolfe and trainee</i>
20 th June <i>Dame Rachel Waterhouse Room</i>	Racism Part II <i>Ali Zarbafi</i>	Racism Part II <i>Ali Zarbafi</i>	Clinical Seminar <i>Ali Zarbafi and trainee</i>
27 th June <i>Dame Rachel Waterhouse Room</i>	Ethics <i>Sheila Bonas</i>	Ethics <i>Sheila Bonas</i>	Clinical Seminar <i>Sheila Bonas and trainee</i>
4 th July <i>Dame Rachel Waterhouse Room</i>	Does Social Class Matter? <i>Shane Sneyd</i>	Social Class in the Consulting Room <i>Shane Sneyd</i>	Clinical Seminar <i>Shane Sneyd and trainee</i>
11 th July <i>Dame Rachel Waterhouse Room</i>	Endings in Analytic Practice <i>Shane Sneyd</i>	Endings in Analytic Practice <i>Shane Sneyd</i>	End of Year <i>Training Committee</i>