



WEST MIDLANDS  
INSTITUTE OF  
PSYCHOTHERAPY

## The Analytical Psychotherapy Training: Birmingham

presents

### An Introduction to Analytical Psychotherapy

*A short CPD course to  
explore key concepts of  
Jungian psychotherapy*

**SEPT – DEC 2025**

**Saturday mornings  
10.15am – 1pm**

**CENTRAL  
BIRMINGHAM**

This 10-week course (25.25 CPD hours) is designed for those curious about Jungian and psychoanalytic concepts and the practice of analytical psychotherapy today.

## THE COURSE:

The Analytical Psychotherapy Training: Birmingham warmly invites you to join a short 10-week course this autumn in central Birmingham.

In a small group setting, led by experienced psychotherapists, we will cover the key clinical ideas of analytical psychotherapy, including the analytic frame, transference, working with dreams and mother/infant research.

**The course will include attendance at our keynote public lecture, on the 1<sup>st</sup> November 2025.**

## PARTICIPATION:

We welcome participants from all backgrounds. Previous attendees at our introductory courses have included counsellors, clinical psychologists, those working in pastoral care and spiritual direction, teachers, doctors and social workers.

## SESSIONS:

1. What is Analytical Psychotherapy?
2. The Analytic Frame
3. Dreams
4. The Analytic Relationship
5. **Public Lecture\***: Speaker – Helen Morgan
6. Babies and their Parents
7. Me & My Shadow: Aspects of the Self
8. Why Psychotherapy?
9. Personal Growth
10. What Next?

27 September,  
4, 11, 18 October  
1, 8, 15, 22, 29 November  
6 December

*\*The public lecture will take place from 10.15am – 2.30pm and will also involve smaller group discussions. The venue for this event will be St Paul's Convent, Selly Oak, Birmingham.*

## TIMETABLE 2025:

## CONTACT

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[www.aptc-birmingham.co.uk](http://www.aptc-birmingham.co.uk)

## EARLY BIRD FEE:

**£575.00**

If registered and paid in full by  
30<sup>th</sup> June 2025

## STANDARD FEE:

**£675.00**

## CPD:

**Maximum of 25.25 CPD  
hours**

CPD certificates will be issued on  
completion

**PLACES ARE LIMITED –  
EARLY BOOKING IS ADVISED**



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## FEEDBACK FROM THE 2024 PROGRAMME:

*"Thank you to all involved for a really enriching, enjoyable and stimulating variety of sessions around the Analytic way of working. I decided to partake in the course as an experienced counsellor curious about working at a deeper level with my clients. I feel the course has more than whetted my appetite for continued learning and it has been helpful both personally and professionally as I integrate the experience into my life and work. I did not at all know what to expect but I'm so glad I decided to take part."* **CM, 2024**

*"I found the "Introduction to Analytical Psychotherapy" course an enriching experience. One of its standout features was the impressive variety of speakers, each bringing unique perspectives and expertise to the subject matter covered. The course delivered on its promises, providing a solid foundation in analytical psychotherapy while also encouraging deeper exploration of its concepts. The value for money was exceptional, as the content, speaker diversity, and engaging delivery more than justified the cost."* **LE, 2024**