

The WMIP Training in Analytical Psychotherapy

15th March, 2025

Depression

Essential Reading:

Freud, S. (1917). Mourning and Melancholia. S.E. 14 47, pages 335-342.

Ogden (2012) Creative Readings: Essays on Seminal Analytic Works: Chapter 2 (Pages 11-33)

Winnicott, D (1986) Home is where we start from, Penguin, London Pages 71-79 on 'The Value of Depression'.

Further reading for those interested:

Leader, D (2009) The New Black. Penguin, London.

Plath, S (1963) The Bell Jar. Faber and Faber and Faber, London.

I look forward to working with the trainees again.

Sheila Bonas