



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

**The Analytical Psychotherapy Training:
Birmingham**

presents

**An Introduction to Analytical
Psychotherapy**

*A short CPD course to
explore key concepts of
Jungian psychotherapy*

SEPT – DEC 2024

**Saturday mornings
10.15am – 1pm**

**CENTRAL
BIRMINGHAM**

This 10-week course (25.25 CPD hours) is designed for those curious about Jungian and psychoanalytic concepts and the practice of analytical psychotherapy today.

THE COURSE:

The Analytical Psychotherapy Training: Birmingham warmly invites you to join a short 10-week course this autumn in central Birmingham.

In a small group setting, led by experienced psychotherapists, we will cover the key clinical ideas of analytical psychotherapy, including the analytic frame, transference, working with dreams and mother/infant research.

The course will include attendance at our keynote public lecture, on the 2nd November 2024.

PARTICIPATION:

We welcome participants from all backgrounds. Previous attendees at our introductory courses have included counsellors, clinical psychologists, those working in pastoral care and spiritual direction, teachers, doctors and social workers.

SESSIONS:

1. What is Analytical Psychotherapy?
2. The Analytic Frame
3. Dreams
4. The Analytic Relationship
5. **Public Lecture***: Speakers – Rupert Tower and Christopher Perry
6. Babies and their Parents
7. Me & My Shadow: Aspects of the Self
8. Why Psychotherapy?
9. Personal Growth
10. What Next?

TIMETABLE 2024:

28 September,
5, 12, 19 October
2, 9, 16, 23, 30 November
7 December

**The public lecture will take place on Zoom from 10.15am – 2.30pm and will also involve smaller group discussions in breakout rooms.*

CONTACT

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EARLY BIRD FEE:

£550.00

If registered and paid in full by
30th June 2024

STANDARD FEE:

£650.00

CPD:

**Maximum of 25.25 CPD
hours**

CPD certificates will be issued
on completion

**PLACES ARE LIMITED -
EARLY BOOKING IS
ADVISED.**



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