



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

**The Analytical Psychotherapy Training:
Birmingham**

presents

**An Introduction to Analytical
Psychotherapy**

*A short CPD course to
explore key concepts of
Jungian psychotherapy*

SEPT – DEC 2023

**Saturday mornings
10.15am – 1pm**

**CENTRAL
BIRMINGHAM**

This 10-week course (25.25 CPD hours) is designed for those curious about Jungian and psychoanalytic concepts and the practice of analytical psychotherapy today.

THE COURSE:

The Analytical Psychotherapy Training: Birmingham warmly invites you to join a short 10-week course this autumn in central Birmingham.

In a small group setting, led by experienced psychotherapists, we will cover the key clinical ideas of analytical psychotherapy, including the analytic frame, transference, working with dreams and mother/infant research.

The course will include attendance at our keynote public lecture, on the 11th November 2023.

PARTICIPATION:

We welcome participants from all backgrounds. Previous attendees at our introductory courses have included counsellors, clinical psychologists, those working in pastoral care and spiritual direction, teachers, doctors and social workers.

SESSIONS:

1. What is Analytical Psychotherapy?
2. The Analytic Frame
3. Dreams
4. The Analytic Relationship
5. Babies and their Parents
6. **Public Lecture***: Speaker – Heather McCartney
7. Me & My Shadow: Aspects of the Self
8. Why Psychotherapy?
9. Personal Growth
10. What Next?

TIMETABLE 2023:

30 September,
7, 14, 21 October
4, 11, 18, 25 November
2, 9 December

**The public lecture is an opportunity to meet with the wider Jungian community and will run from 10.15am until 2.45pm with lunch included.*

CONTACT

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EARLY BIRD FEE:

£500.00

If registered and paid in full by
30th June 2023

STANDARD FEE:

£550.00

CPD:

**Maximum of 25.25 CPD
hours**

CPD certificates will be issued
on completion

**PLACES ARE LIMITED -
EARLY BOOKING IS
ADVISED.**



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