2016 / 2017

JUNGIAN PUBLIC LECTURE SERIES

Contemporary Jungians in Practice: A series of papers which illustrate the influence and application of Jungian concepts to the practice of analytical psychotherapy



presented by

The Jungian Training Committee

of The West Midlands Institute of Psychotherapy

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Saturday 5th November 2016 'BETWEEN THE RED BOOK AND REGULATIONS: A CONTEMPORARY DILEMMA FOR ANALYTICAL PSYCHOLOGISTS' George Bright

Publication of The Red Book, *Liber Novus*, seven years ago has now made possible a fuller appreciation of Jung's view of psychotherapy as an engagement between the individual and the transcendent. This new and radically challenging insight is beginning to show potential to revivify the way we practise analytical psychology, and adds valuable new language in which we can discuss our craft. In the same seven years almost all British psychotherapy training bodies have made it mandatory for their members to accept regulation from one of the three State-approved psychotherapy regulators. In this talk I shall illustrate specific ways in which I see analytical psychology renewed in the light of *Liber Novus*, and then describe current trends in regulation which I regard as a potentially serious collision course with this renewal.

George Bright is a Training and Supervising Analyst of The Society of Analytical Psychology. He works in private practice in West London. He has published in British, French and German professional journals and his most recent publication is a chapter in Transformation: Jung's Legacy and Clinical Work Today on clinical use of Jung's concept of the psychoid unconscious.

APPLICATION DETAILS FOR NOVEMBER 2016

This event will be held between 10.15am and 3.30pm at Staff House, University of Birmingham

The cost for the lecture (incl. lunch) is £85.00 for WMIP members and £95.00 for non-WMIP members. Bookings must be made by 31st October 2016

Cheques should be made payable to 'The Training in Jungian Analytical Psychotherapy' and sent to:-

Sue Harford, Administrator to the Jungian Training Committee, Unit 1A, Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES. Telephone: 08444 631 341. Email: jtc@wmip.org

Saturday 21st January 2017 NEGATIVE INCAPABILITY: WHEN THE TASK OF THE NHS PSYCHOTHERAPIST IS TO SAY 'NO' *Tim Wood*

This paper describes work in a NHS psychotherapy service where it emerged that we were frequently being asked to assess people for treatment who were asking for help, or demanding it, but not looking to change. At the more benign end of things were people seeking change in others or unconsciously enacting old grievances. However, we also came across more challenging presentations where the agenda was directly destructive or sadistic and, to some extent, conscious. It seemed that a valuable role for the service was to assess these people and formulate their difficulties, clarifying the 'nonhealth' seeking agenda. I was given the task of outlining this function in a paper so that the service could formally describe and claim it. Drawing on Psychoanalytic and Jungian Analytical theory, and through linking this with clinical examples, I have tried to give a flavour of this work, of the patients involved and of how they might be understood. I offer some tentative thoughts about what might be done with such individuals but this strays into tricky political terrain which, for me, raises more questions than answers.

Tim Wood is a Jungian Analytical Psychotherapist and Clinical Psychologist, working in private practice in South Birmingham and halftime in the Specialist Psychotherapies Service, which is a tertiary level service in Birmingham and Solihull Mental Health Foundation Trust. He is also a current member of the Jungian Training Committee (WMIP) and was previously a trustee of the West Midlands Institute of Psychotherapy.



Saturday 4th March 2017 SATANIC ERROR The value of William Blake's mythology for clinical practice and everyday life Carol Leader

The poet and artist William Blake was profoundly affected by the impact of the industrial revolution and railed against 'Satanic Mills'. For Blake these 'mills' represent an aspect of the human mind that is in a state of repetitive 'Error' that has an alarming impact on the individual and society. Blake offers a powerful experiential portal or 'cipher' into both this 'mechanical' state and liberation from it through his writings and illustrations of 'Satan.' More recently McGuilchrist (2012) in *The Master and his Emissary* powerfully adds to Blake's insights with a wealth of contemporary research relating to a dangerous over-valuation of left-brain, scientific processing in the western world coupled with a denigration of the profound relational and integrative qualities that right brain functions promote.

In this fully illustrated talk I will summarize and develop themes explored in my paper *Evil, Imagination and the Unrepressed Unconscious: the Value of William Blake's Satanic 'Error' for Clinical Practice.* This paper won the 2014 British Journal of Psychotherapy's Rozsika Parker Prize. A copy of the paper is optional reading and will be sent to everyone who enrols for this talk.

Carol Leader is a Training and Supervising Jungian Analyst and Senior Psychoanalytic Psychotherapist with the British Psychotherapy Foundation. She worked extensively in theatre, TV and radio before re-training as a therapist twenty years ago. She is in full time private practice, consults in business and for projects in the arts and lectures and leads workshops and seminars. She teaches psychoanalytic and psychodynamic supervision at Wpf Therapy. She is 'psychotherapist at large' for the re-launched journal 'Free Associations'.

Saturday 6th May 2017

"THE SEXUAL SYMPTOM: BIOMECHANICAL GLITCH OR DEEP UNCONSCIOUS PHANTASY?"

Brett Kahr

Nowadays, most British health care providers will treat discrete sexual symptoms with medication. Men who struggle with erectile dysfunction will often receive a prescription for Cialis or Viagra, while women with low libido and other forms of sexual difficulty will often be recommended for hormone therapy. Although psychoanalysis originated as a remedy for a range of symptomatologies, including overtly sexual ones, depth psychology has, in recent decades, lost its status as the treatment of choice for psychosexual inhibitions. Does psychoanalysis still have a place in the healing of such diverse symptoms as impotence, frigidity, ejaculatory disorders, vaginismus, anorgasmia, and many other struggles in the bedroom?

Drawing upon many decades of clinical practice and upon my cross-national research project on sexual fantasy, in which I and colleagues examined over 25,000 adult sexual fantasies in both Great Britain and in the United States of America, I will consider the powerful, but much unappreciated potential for psychosexual symptomatology to be resolved through traditional psychodynamic methods of understanding within the context of a transference situation. I will present detailed case material illustrating the way in which such persistent symptoms can be resolved successfully in both longer-term and shorter-term psychoanalytical work.

Professor Brett Kahr has worked in the mental health field for over thirty-five years. He is Senior Fellow at Tavistock Relationships (Tavistock Centre for Couple Relationships), at the Tavistock Institute of Medical Psychology and also Senior Clinical Research Fellow at the Centre for Child Mental Health in London. A Consultant Psychotherapist at The Balint Consultancy and a Consultant in Psychology to the Bowlby Centre, he also serves as Trustee to the Freud Museum. He is the author or editor of nine books, including Sex and the Psyche, published by Penguin Books, which became a Sunday Times Book Club Choice and a Waterstone's Non-Fiction Bestseller; and he has served as Series Editor to over forty other titles. His most recent books include Tea with Winnicott and Coffee with Freud in the "Interviews with Icons Series".

Saturday 10th June 2017

"MENDING THE SYMBOLIC WHEN A PLACE FOR MALE SAME-SEX DESIRE IS NOT FOUND" *Giorgio Giaccardi*

The missing or inadequate symbolisation of male same-sex desire within a heteronormative collective consciousness shapes the formation of male subjectivities according to specific lines. The exploration of this area will allow me to reflect on the problem of unsymbolised psychic experiences and the ensuing attempts at repairing this lack, by drawing on inputs from cultural studies and clinical practice, within a post-Jungian understanding of the structure of the psyche and the process of individuation.

In particular, I will consider some aspects of the process leading from a symbolic deficit to the formation of containers for same-sex desire in the making of the mind of men, as revealed by the kind of emotional experiences traversed and the symbolic representations generated by gay men in the contemporary Western world, such as melancholy, rage, concealment, inauthenticity, sentimentality, fantasy, excess, centrality of sex, appropriative identifications, communality of desires, experience of time.

Giorgio Giaccardi is a Jungian Analyst, member of the BJAA, working in private practice in London. He has written, taught and given seminars on sexual diversity, gender identity and the notion of symbol at Birkbeck, University of Essex and various professional Associations. He has recently published contributions on these themes on the journal "Couple and Family Psychoanalysis" (2016) and on the BPC Magazine "New Associations" (2015). His latest paper "Unconscious Processes, Instrumental Musical and the Experience of the Sublime" was commended in the 2014 Rozsika Parker Prize and published on the BJP (2015).

APPLICATION DETAILS FOR JANUARY – JUNE 2017

The lectures from January to June 2017 inclusive will be held at The Priory Rooms, Quaker Meeting House, 40 Bull Street, Birmingham B4 6AF (<u>www.theprioryrooms.co.uk</u>). These lectures will be held between 10:15 – 12:45.

The cost for each lecture is **£45.00 for WMIP members** and **£55.00 for non-WMIP members**. Bookings should ideally be made at least a fortnight before the lecture to be attended.

Cheques should be made payable to The Training in Jungian Analytical Psychotherapy. For further details contact: Sue Harford, Administrator to the Jungian Training Committee, Unit 1A, West Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES. Telephone: 08444 631 341, Facsimile: 08444 631 346, Email: jtc@wmip.org, Website: <u>www.thejungiantraining.org.uk</u>