2015 / 2016

JUNGIAN PUBLIC LECTURE SERIES

Contemporary Jungians in Practice:
A series of papers which illustrate the influence and application of Jungian concepts to the practice of analytical psychotherapy



presented by

The Jungian Training Committee

of

The West Midlands Institute of Psychotherapy

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Saturday 14th November 2015

'THE EMERGENCE OF SYMBOLIC IMAGINATION' Warren Colman



The lion-man of Hohlenstein-Stadel is the oldest figurative sculpture in the world (40,000 years) and the first visible evidence of the power of human imagination to create new ideas and forms that go beyond the material world. The process of its discovery and painstaking reconstruction has made it a symbol in itself of the emergence of symbolic imagination: it illustrates how symbols arise from collective social activity in and through the world of material objects. Rather than being the expression of pre-existent ideas in the mind, symbols are constitutive of the mind, bringing into being the realities they come to represent, including the imaginal reality of the spirit. We cannot 'think the spirit' without a material world to think it with. How we do so is the subject of this talk.

Warren Colman, former editor-in-chief of the *Journal of Analytical Psychology*, is a training and supervising analyst of the Society of Analytical Psychology. Author of many articles, his latest publication is a book entitled *Act and Image: The Emergence of Symbolic Imagination* which will be published by Spring Publications later in 2015.

APPLICATION DETAILS FOR NOVEMBER 2015

This event will be held between 10.15am and 3.30pm at Staff House, University of Birmingham

The cost for the lecture (incl. lunch) is £85.00 for WMIP members and £95.00 for non WMIP members.

Bookings must be made by 31st October 2015

Cheques should be made payable to the Jungian Training Committee and sent to:
Sue Harford, Administrator to the Jungian Training Committee, Unit 1A,
West Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES
Telephone: 08444 631 341 Email: jtc@wmip.org

Saturday 16th January 2016

'LOVING, HATING AND LETTING GO: THE VALUE OF INFANT OBSERVATION PRACTICE DURING ADULT PSYCHOTHERAPY TRAINING'

Becky Wylde and Tess Bailey-Sayer

In this talk we will explore the formation of defence mechanisms during infancy and the consequences of these processes as encountered in the analytic consulting room. Material from infant observations undertaken by our students will be used to examine the primitive, infantile experience in fine detail, enabling us to gather a vivid sense of the power and dynamism of this crucial stage in the development of the personality.

We will consider the infant's attempts to defend against the fear of abandonment and disintegration, and the ways in which this struggle can be both supported and complicated by parental responses. There will be a chance to think together about how a direct witnessing of the mother infant dyad can deepen our understanding of the adult patient.

Tess is a Senior Child and Adolescent Psychotherapist, who works for Dudley and Walsall Mental Health Trust in Walsall CAMHS, and in independent practice in Shropshire. She has taught Infant Observation for both the JTC and the TCPP, and at the Birmingham Trust for Psychoanalytic Psychotherapy, where she trained. Tess has worked in Infant Mental Health through running Under Fives clinics in both her NHS and private practice, and for four years supported infants, their families and staff in the Neonatal Intensive Care Unit at Heartlands Hospital.

Becky Wylde is a senior child and adolescent psychotherapist who trained at the Birmingham Trust for Psychoanalytic Psychotherapy (BTPP) and who worked for several years in a specialist mental health service for looked after children in Birmingham. Along with colleagues there she developed an early intervention service for infants coming into care and their carers. She teaches Infant Observation for the West Midlands Institute of Psychotherapy for adult psychotherapy trainees and has taught young child observation in Birmingham for BTPP. She is now the clinical lead at NorPIP; a charity offering Parent/Infant Psychotherapy as an early intervention treatment. She also has a small private practice and lives in Leamington Spa.

Saturday 5th March 2016

TRANSGENERATIONAL TRANSMISSION OF INDIGESTIBLE FACTS

From trauma, deadly ghosts and mental voids to meaning making interpretations

Alessandra Cavalli

Victims of trauma are left to pick up the pieces of a blown apart self and reassemble them together into something similar to a former self. One of the major casualties of this disintegration is the capacity to think. Some have described this dramatic organisation of the psyche as characterised by a self-enclosed system split off from ordinary reality that allows no new ideas in. In this self-enclosed system concrete thinking prevails; repetitive enactments reinforce a traumatised view of the world while trauma becomes timeless and cannot be historicized.

In this talk I will try to define trauma and make some hypotheses about its transmission which I understand as the transmission of disorganised undigested facts and mental void. I will postulate a possible way of working specifically with the third generation by creating a "three generational interpretation" as a way to contain and describe the vicissitudes of trauma across the generations. Clinical material will elucidate my thinking.

Alessandra Cavalli (PhD) trained as a child and an adult analyst at the Society of Analytical Psychology. She works in private practice and teaches at the Tavistock Clinic and the Society of Analytical psychology. She is the organising tutor of a Tavistock Certificate for people who work with street - and emotionally neglected children in Mexico. She has published extensively in the Journal of Analytical Psychology and is co-editor of the book "Transformation" published by Karnac in 2013.

Saturday 7th May 2016

"OBSESSIONS. THINKING DISORDERS AND DEVELOPMENTAL BREAKDOWN IN EARLY ADOLESCENCE"

Francesco Bisagni

In this paper, I present some reflections on the phenomenology of obsessions within the general frame of thinking disorders, their connection to delusional and hallucinatory phenomena on the one hand, and with depression on the other. Particular attention will be paid to the outburst of obsessional symptoms in the context of developmental breakdowns occurring at puberty and early adolescence, where the trigging function of the changing body and the onset of hormonal growth play a significant role. Detailed material taken from the long-term treatment of a pubertal girl will be provided, with the aim at describing some essential elements. First, in a trans-generational perspective symptoms in the patient are representative of unprocessed elements occurring in the previous generations, both maternal and paternal grandparents and of course the girl's parents being very important in this respect. Second, the development of sexuality was deeply affected and could be worked through with a good outcome thanks to an intensive work over many years. Third, my patient required medication with anti-depressants and neuroleptics for a number of years, and although this is not the main focus of this paper, I will provide some comments on the impact and management of medication in connection with the transference/counter-transference interplay.

Francesco Bisagni is a psychiatrist, a Tavistock Model trained child psychotherapist and a Jungian analyst. He is a training and supervising analyst of the Study Centre for Contemporary Psychoanalyses in Milan and a training analyst of the Society of Analytical Psychology.

Saturday 11th June 2016

INTO THE DARKEST PLACES

Working with early relational trauma and borderline states of mind

Marcus West

In this talk I will offer a way of understanding the most intense, distressing and frequently unbearable states of mind, calling on recent developments in trauma theory and a developed model of Jung's concept of the complex. I will explore the individual's negativity and deeply experienced, negative sense of self, and will look at some of the impasses that can occur in the analytic relationship. The patient's experience of extreme exposure, vulnerability and distress can exert enormous pressure on the analyst which can lead to the erosion of boundaries and the breakdown of the analytic relationship. I will explore, in detail, the intersubjective nature of the analytic relationship and look at the journey that the analyst may need to undertake themselves in order to maintain an analytic attitude and work safely and effectively in this area.

Marcus West is a Training Analyst of the Society of Analytical Psychology working in private practice in Sussex. He is the author of a number of papers published in the Journal of Analytical Psychology and elsewhere, and was joint winner of the Michael Fordham Prize in 2004. He is the author of two books, 'Feeling, Being & the Sense of Self', and 'Understanding Dreams in Clinical Practice', and is currently working on a third book for Karnac, 'Into the Darkest Places - Early relational trauma and borderline states of mind'.

APPLICATION DETAILS FOR JANUARY 2016 – JUNE 2016

The lectures from January to June 2016 inclusive will be held at The Priory Rooms, Quaker Meeting House, 40 Bull Street, Birmingham B4 6AF (www.theprioryrooms.co.uk). These lectures will be held between 10:15 – 12:45. The cost for each lecture is £45.00 for WMIP members and £55.00 for non-WMIP members. Bookings should be made at least a fortnight before the lecture to be attended. Cheques should be made payable to the Jungian Training Committee. For further details contact: Sue Harford, Administrator to the Jungian Training Committee, Unit 1A, West Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES. Telephone: 08444 631 341, Facsimile: 08444 631 346, Email: jtc@wmip.org, Website: www.thejungiantraining.org.uk