

Saturday 11th June 2022
WHITENESS. A PROBLEM OF OUR TIME
Helen Morgan

This presentation is rooted in the assumption that the problem of racism is a problem of whiteness and that an examination of this construct of whiteness needs to be central to seeking a solution.

The colour-blind approach and the silencing process of disavowal that develops in childhood are means of maintaining white privilege. The work required of whiteness and the letting go of privilege is essential if we are to dismantle the system of racism that is so embedded within our society. I argue this is no altruistic endeavour but that, whilst clearly doing untold harm to black people, such a system also limits and distorts the development of white individuals and the society in which we are citizens.

Helen Morgan is a Fellow of the British Psychotherapy Foundation and a training analyst for the British Jungian Analytic Association within the BPF. Her background is in therapeutic communities with adolescents and in adult mental health. She was chair of the British Association of Psychotherapists from 2004 - 2008 and chair of the British Psychoanalytic Council from 2015-18. She has written a number of papers on racism and is the author of the book '*The Work of Whiteness. A Psychoanalytic Perspective*' (2021).

APPLICATION DETAILS FOR NOVEMBER 2021

This event will be held at Staff House, University of Birmingham (Edgbaston Campus)
between 10:15 – 15:30 (lunch is provided)

The cost for the lecture is £60 for WMIP members and £70 for Non-WMIP members

APPLICATION DETAILS FOR JANUARY AND MAY 2022

These events will be held via Zoom Video Conferencing between 10:15 and 12:45.

The cost for these lectures is £45 for WMIP members and £55 for non-WMIP members.

APPLICATION DETAILS FOR MARCH AND JUNE 2022

These lectures will take place at The Birmingham & Midland Institute, 9 Margaret Street,
Birmingham, B3 3BS (www.bmi.org.uk). These lectures will be held between 10:15 – 12:45.

The cost for each lecture is £50 for WMIP members and £60 for non-WMIP members.

PAYMENT DETAILS

Please make BACS payments as follows:

Account Name: The Training in Jungian Analytical Psychotherapy

Bank: Barclays, Sort Code: 20-08-44, Account No: 03737950

(Please use your name as a reference)

Payment by Cheque:

All cheques should be made payable to '*The Training in Jungian Analytical Psychotherapy*'
and sent to: Sue Harford, Administrator to the Training Committee, Unit 1A, Stockwith Park,

Stockwith Road, Misterton, Nottinghamshire. DN10 4ES.

Telephone: 07789 545908 Email: aptc@wmip.org



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The Analytical Psychotherapy Training:
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A Public Lecture Series
2021 / 2022

6th November 2021

15th January 2022

5th March 2022

7th May 2022

11th June 2022

A series of papers which illustrate
the influence and application of
Jungian and psychoanalytic
concepts to the practice of
analytical psychotherapy.



Saturday 6th November 2021

**HOW CURIOSITY AS AN INNATE DRIVE EXPLAINS THE DEVELOPMENT OF
THE CONSCIOUS HUMAN MIND AND HOW THIS REALISATION CHANGES
THE WAY WE THINK OF CLINICAL WORK**

Philip Stokoe

In this talk, I will describe the necessity of postulating a curiosity drive in order to explain the development of consciousness, that separates humans from other animals. I will explore the consequences for our understanding of human psychological and emotional problems and demonstrate the way that current practices work because they trigger curiosity in the patient and fail because the patient substitutes certainty for curiosity.

Philip Stokoe is a Psychoanalyst in private practice working with adults and couples, and an Organisational Consultant, providing consultation to a wide range of organisations.

Philip worked in the Adult Department of the Tavistock & Portman NHS Foundation Trust between 1994 and 2012, he was the Clinical Director from 2007.

He is a member of the European Psychoanalytic Federation Forum on Institutional Matters, which studies the nature of psychoanalytic institutions.

Philip's book, *The Curiosity Drive: Our Need for Inquisitive Thinking*, was published by Phoenix Publishing House in November 2020.

Saturday 15th January 2022

**“DANTE’S DIVINE COMEDY: AN INDIVIDUATION JOURNEY THROUGH
REALMS OF SHADOW TO THE MYSTERY OF TRANSFORMATION”**

Murray Stein

What we witness in the *The Divine Comedy* is a visionary account of a journey through the land of the dead that displays clear stages of psychological and spiritual development. This journey was experienced and turned into a magnificent work of art by Dante in the second half of his life. Like Jung crafting his Red Book for more than a decade, Dante meticulously composed The Divine Comedy over a similar period of time, from 1308 until 1321 as scholars have estimated, although the experience he writes about took place, he says, in only a few days, while he was in Rome during Holy Week in 1300. Dante tells the story as a recollection, as memory that he is now recounting in the elevated form of literary art.

As a Jungian psychoanalyst, I am looking at the Commedia not as art or literature but as a depiction of psychological transformation achieved through what Jung called active imagination.

Murray Stein, Ph.D. is a Training and Supervising Analyst at the International School of Analytical Psychology in Zurich, Switzerland. He received his diploma as a Jungian Psychoanalyst from the C.G. Jung Institute of Zurich in 1973. He was president of the International Association for Analytical Psychology (IAAP) from 2001 to 2004 and President of ISAP-ZURICH from 2008 to 2012. He has lectured internationally and is the editor of Jungian Psychoanalysis and the author of many articles and books, including *Jung's Map of the Soul* and *Jung's Treatment of Christianity*. The first and second volumes of his Collected Writings, titled *Individuation and Myth and Psychology*, have been published, and a third, *Transformations*, is in press. He lives in Switzerland and has a private practice in Zurich.

Saturday 5th March 2022

**ASSISTED REPRODUCTION:
“DONOR CONCEPTION FOR LIFE”
FAMILY OF CHOICE OR FAMILY OF LAST RESORT?**

Katherine Fine

The task of mourning the loss of a ‘natural’ conception offers the promise of re-defining the very nature of modern family.

This talk is about the emotional and psychological impact on people who have used or are thinking of using one of the new reproductive technologies, to conceive a child. Advances in medical treatments form part of a burgeoning global fertility industry. Thus, families can be conceived, by using IVF, ICSI, by donated eggs or sperm, by surrogacy, by egg sharing schemes, with numerous medical ‘optional add-ons’. The possibility of the longed-for family can far outpace the emotional preparedness of patients and of psychotherapists.

Powerful conscious and unconscious fantasies can be aroused, which may reawaken early anxieties and developmental struggles. In the work of psychotherapy, the capacity to hold in mind and explore feelings of loss, ambivalence, shame, disappointment or inadequacy, can help parents and clinicians to relinquish the agonies suffered, along their journey. What becomes the family narrative has the potential to evolve and reach what Melanie Klein (1957) describes as the depressive position, offering a resolution, with a state of gratitude for the ‘family of choice’.

Katherine Fine is a psychoanalytic psychotherapist with the British Psychotherapy Foundation (BPF), working in private practice in London. She is a Clinical Associate of the Independent Psychology Service (IPS) and, a visiting lecturer and supervisor at WPF Therapy in London. A member of the Donor Conception Network since its inception in 1993, she has facilitated both ‘Preparation for Parenthood’ and ‘Talking and Telling’ workshops. She is editor of: *Donor Conception for Life: Psychoanalytic Reflections on New Ways of Conceiving the Family* (Routledge 2015)

Saturday 7th May 2022

**IZDUBAR: THE HEALING AND REBIRTH OF THE GOD IN
JUNG’S RED BOOK, 1915-1917**

“Set the egg before you, the God in his beginning.

And behold it.

And incubate it with the magical warmth of your Gaze”

Diane Finiello Zervas

Jung’s encounter with the Babylonian Bull Man Izdubar in *The Red Book* deals with the sickness of western materialist culture, the mythical wisdom of the east, the decline and rebirth of the god, man’s primary role in the renewal of the new god image for a new age, and the importance of the symbol and visual imagery. In this seminar, I will discuss the Izdubar text and the visual imagery, with an emphasis on Jung’s creative process, which developed from visual simplicity to symbolic complexity. By working with the creative imagination and the transcendent function, Jung created a new visual world in service of individuation and the new god image, and a new aesthetic foundation for his subsequent written theories.

Diane Finiello Zervas is a Senior Training Analyst with the Independent Group of Analytical Psychologists. She is one of the founders of the London Circle of Analytical Psychology, which organises seminars on Jung’s *Red Book* over a two-year cycle. She is also an art historian, having written extensively on Italian Medieval and Renaissance art. Her essays on Jung’s art related to *The Red Book* years have appeared in *The Art of C.G. Jung* (2019), and *Phanes: Journal for Jung History* (2019 and 2020). She is currently writing a book themed around Jung’s first English seminars in 1919 and 1920.