

Saturday 10th May 2014

**UNDER THE DEVIL'S SPELL:
STOCKHOLM SYNDROME AND THE STRUGGLE TO EXIST**

Coline Covington

“What you do, what you drink, what you eat, what you think, even what you are dreaming – they control everything because they text message you before you go to sleep so you take them in with you in your dreams.” Interview of sex slave from “*Loverboys and the Search for Justice*”, Channel 4 news 17/12/12.

In this talk I will be examining the Stockholm Syndrome, also described as capture-bonding, in which hostages develop strong positive feelings towards their captors, to the point of falling in love with them. While the Stockholm Syndrome is well documented as a phenomenon occurring in hostage situations, it also occurs in situations in which there is no apparent captivity, e.g. in abusive relationships. It is a deal that has been made on an unconscious level to submit one's psychic life to another in return for an illusion of security. It is also an attempt to exist by entering into someone else's mind. Through the use of clinical material I will argue that this is not simply a process of identification with the aggressor, it is much more complex and raises fundamental questions about identity, belief systems and the role of the observing ego in determining moral conscience. The course of therapy in such cases becomes what is in effect a prolonged, and contained, trauma in itself as it creates a rent in the patient's belief system.

Coline Covington is former Chair of the British Psychoanalytic Council and a Training Analyst and Supervisor of the Society of Analytical Psychology, the British Association of Psychotherapists, and the London Centre of Psychotherapy. She is former Editor of the *Journal of Analytical Psychology*. She is also a member of International Dialogue Initiative (IDI), a group formed by Prof. Dr. Vamik Volkan, Lord Alderdice, and Dr. Robi Friedman to apply psychoanalytic concepts in understanding political conflict and the effects of trauma on political behaviour.

Coline has co-edited *Terrorism and War: Unconscious Dynamics of Political Violence*, published by Karnac in 2002, and *Sabina Spielrein: Forgotten Pioneer of Psychoanalysis*, a new edition to be published by Routledge in spring 2013. She has published numerous articles and has also written a regular column for *The Week* online.

Saturday 7th June 2014

**“WHAT MADE THE MONSTER MONSTROUS?
ON MARY SHELLEY'S FRANKENSTEIN”.**

Ron Britton

This paper discusses the genesis of the famous story from a dream of Mary Shelley's on a holiday shared with her husband Percy Shelley, Lord Byron, Dr. Polidori and her step-sister Claire Claremont.

The creature formed by Victor Frankenstein horrifies him and he rejects him calling him a monster. The ensuing despair and subsequent murderousness is eloquently described by the monster. The whole novel is clearly connected to Mary Shelley's experience as a baby whose mother died in childbirth and her own recent death of an infant. The author suggests that it well describes what it is to have been primarily rejected as an infant.

Ron Britton is a Fellow of the Royal College of Psychiatrists and Distinguished Fellow of the British Psychoanalytical Society was given the “IPA Award for Outstanding Scientific Contributions” and the Sigourney Award for Distinguished contributions to Psychoanalysis in 2013. He was formerly Chair of the Children and Families Department of the Tavistock Clinic and President of the British Psychoanalytical Society. His books include, “*The Oedipus Complex Today*”, “*Belief and Imagination*” and “*Sex, Death and the Super-ego*”.

2013 / 2014

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Saturday 2nd November 2013

IS THERE AN IRREPLACEABLE FUNCTION OF RELIGION?

David M. Black

Psychoanalysis, firmly steered by Freud, tended from the outset to treat religion as 'illusion' – essentially as wish-fulfilling fantasy, unworthy of adult scientific thinkers. Recent 'scientific' atheism has taken the same path, often with much greater vehemence. At the same time, within psychoanalysis, there have been other voices, including Winnicott, Erikson, William Meissner, Nina Coltart and Neville Symington, who have found important depths in religion that Freud did not recognise. In this paper David will consider the question of whether there is something uniquely important that religion contributes to culture, which would be irreplaceable if we were to follow the arguments of Freud (and Richard Dawkins, etc). He will suggest that there are three major aspects of religion, mythology, 'apophatic' mysticism, and the affirmation of value, which are of interest to psychoanalysis, and that the third of these, to which least attention has so far been paid, is the irreplaceable function that defines the territory.

David M. Black is a Fellow of the British Psychoanalytical Society and a psychoanalyst in private practice in London. He is editor of *Psychoanalysis and Religion in the 21st Century* (Routledge 2006) and author of *Why Things Matter: the place of values in science, psychoanalysis and religion* (Routledge 2011).

APPLICATION DETAILS FOR NOVEMBER 2013

This event will be held between 10.15am and 2.45pm at Staff House, University of Birmingham
The cost for the lecture (incl. lunch) is £75.00 (WMIP members) and £90.00 (Non-WMIP members)

Bookings must be made by 20th October 2013

Cheques should be made payable to the *Jungian Training Committee* and sent to:-
Sue Harford, Administrator to the Jungian Training Committee, Unit 1A, West Stockwith Park,
Stockwith Road, Misterton, Nottinghamshire. DN10 4ES
Telephone: 08444 631 341 Email: jtc@wmip.org Website: thejungiantraining.org.uk

APPLICATION DETAILS FOR JANUARY – JUNE 2014

The lectures from **January to June 2014 inclusive** will be held at **The Priory Rooms, Quaker Meeting House, 40 Bull Street, Birmingham B4 6AF (www.theprioryrooms.co.uk)** between 10:15 – 12:45. The cost for each lecture is **£40.00 for WMIP members** and **£48.00 for non-WMIP members**. Bookings should be made at least a fortnight before the lecture to be attended. **Cheques should be made payable to the Jungian Training Committee**. For further details contact: Sue Harford, Administrator to the Jungian Training Committee, Unit 1A, West Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES. Telephone: 08444 631 341, Facsimile: 08444 631 346, Email: jtc@wmip.org, Website: www.thejungiantraining.org.uk

Saturday 18th January 2014

WITNESSING THE UNSPOKEN

“WE MUST ASSUME THE SELF MEANS US TO LIVE IN THE BODY”

Jung (Zarathustra Seminars)

Wendy Bratherton

In the therapeutic dyad witnessing the other's distress may be perceived on different levels. This happens through words and also body to body as non-verbal communication. Sometimes patients – especially those with early trauma – may need touch in order to begin to have an embodied sense of themselves. Also symptoms in the body, like dreams, may represent aspects of the shadow and images arising from the body may provide a way of relating to a silent self hidden deep inside. I will give a clinical example of how a combination of Jungian Analysis and Biodynamic Craniosacral Therapy provided a resolution to seemingly intractable defences arising from a severe psych-soma split.

Wendy Bratherton is a professional member of the SAP and a training analyst and supervisor for the BFP. She has a private practice in Cambridge. She is an Infant Observation Seminar Leader and also works as a Biodynamic Craniosacral Practitioner. She has completed the Leadership Training with the Marion Woodman Foundation in the work of BodySoul Rhythms, which integrates Jungian analysis and bodywork. She co-leads workshops in England and Ireland.

Saturday 1st March 2014

‘BEYOND THE HEART OF DARKNESS’

THE SHADOW REVISITED AS A PROBLEM FOR THE 21st CENTURY

Christopher Perry

‘In this talk, I will explore the meaning of Jung's term ‘The Shadow’, show how it develops from infancy through childhood and adolescence and exerts a powerful influence in all areas of human existence – often with very destructive results, unless it is worked with and integrated by individuals, families, organisations and various social groupings. I will suggest that getting to know, accept and love the shadow within us all is the most pressing problem for humanity in the 21st century. The talk will include a short children's film, shown to make the point that so often it is the integration of the positive shadow that is overlooked in therapeutic encounters’.

Christopher Perry is Director of Training at the SAP, where is a training analyst and supervisor. He is the author of *‘Listen to the Voice Within: a Jungian Approach to Pastoral Care’* and several articles on analytical psychology and group analysis. He was a member of the Russian Revival Project, and worked as a volunteer expert witness for Refugee and Migrant Justice. He is in private practice and teaches extensively.