



**WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY**

**The Analytical Psychotherapy Training:
Birmingham**

presents

**An Introduction to Analytical
Psychotherapy**

*A Course to Explore Concepts
of Analytical Psychotherapy*

2 x 10 Week Blocks

Thursdays

4pm – 6pm

**CENTRAL
BIRMINGHAM**

This short course is designed for those curious about psychoanalytic and Jungian analytic concepts and the practice of analytical psychotherapy.

PARTICIPATION

Attendees are likely to include counsellors, clinical psychologists, mental health practitioners, teachers, current analysands, other professionals in a related discipline such as social work, medicine. But applicants from all backgrounds are welcome.

VENUE

50 Newhall Street, Birmingham B3 3RJ.

BLOCK 1:

1. Introduction – What is Analytical Psychotherapy? Historical Concept of the Unconscious.
2. Introduction to Freud's Concept of Psyche
3. Introduction to Jung's Concept of Psyche
4. Archetypes. Collective Unconscious, The Psychoid. Synchronicity
5. British Developmental Jungian Analysis
6. Introduction to Klein and Object Relations
7. Winnicott
8. The Analytic Frame
9. The Transference
10. Process and Goals of Therapy

BLOCK 2:

1. Concepts of Health vs Pathology
2. Depression
3. Anxiety
4. Obsessive Compulsive States
5. Trauma
6. Psychosis
7. Psyche-soma
8. New Developments in the Field: Neuroscience, etc
9. Dreams and Symbolic Life
10. Conclusion. Ways Ahead

TEACHERS

The course will be taught by experienced analytic psychotherapists / analysts

FOR FURTHER DETAILS CONTACT

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FEE

£550.00 per block

(10% discount if both blocks are booked at the same time)