



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

**The Analytical Psychotherapy Training:
Birmingham**

presents

**An Introduction to Analytical
Psychotherapy**

*A CPD Course to Explore
Concepts of Analytical
Psychotherapy*

2 x 10 Week Blocks

SEPT – DEC 2021

JAN – MARCH 2022

5pm – 7pm

**CENTRAL
BIRMINGHAM**

This short CPD earning course is designed for those curious about psychoanalytic and Jungian analytic concepts and the practice of analytical psychotherapy.

PARTICIPATION

Attendees are likely to include counsellors, clinical psychologists, mental health practitioners, teachers, current analysands, other professionals in a related discipline such as social work, medicine. But applicants from all backgrounds are welcome.

VENUE

Central Birmingham

BLOCK 1:

1. Introduction – What is Analytical Psychotherapy? Historical Concept of the Unconscious.
2. Introduction to Freud's Concept of Psyche
3. Introduction to Jung's Concept of Psyche
4. Archetypes. Collective Unconscious, The Psychoid. Synchronicity
5. British Developmental Jungian Analysis
6. Introduction to Klein and Object Relations
7. Winnicott
8. The Analytic Frame
9. The Transference
10. Process and Goals of Therapy

BLOCK 2:

1. Concepts of Health vs Pathology
2. Depression
3. Anxiety
4. Obsessive Compulsive States
5. Trauma
6. Psychosis
7. Psyche-soma
8. New Developments in the Field: Neuroscience, etc
9. Dreams and Symbolic Life
10. Conclusion. Ways Ahead

TIMETABLE

Block 1:

16, 23, 30 September 2021
7, 14 October 2021
4, 11, 18, 25 November 2021
2 December 2021

Block 2:

13, 20, 27 January 2022
3, 10, 17 February 2022
3, 10, 17, 24 March 2022

TEACHERS

The course will be taught by experienced analytic psychotherapists / analysts

CONTACT

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FEE

£550.00 per block

(10% discount if both blocks are booked at the same time)

CPD

Maximum of 20 CPD hours per Block

(CPD certificates will be issued on completion)