



WEST MIDLANDS  
INSTITUTE OF  
PSYCHOTHERAPY

**The Analytical Psychotherapy Training:  
Birmingham**

presents

**An Introduction to Analytical  
Psychotherapy**

*A CPD Course to Explore  
Concepts of Analytical  
Psychotherapy*

**2 x 10 Week Blocks**

SEPT – DEC 2020

JAN – MARCH 2021

**5pm – 7pm**

**Via Zoom Video  
Conferencing**

This short CPD earning course is designed for those curious about psychoanalytic and Jungian analytic concepts and the practice of analytical psychotherapy.



## PARTICIPATION

Attendees are likely to include counsellors, clinical psychologists, mental health practitioners, teachers, current analysands, other professionals in a related discipline such as social work, medicine. But applicants from all backgrounds are welcome.

## VENUE

Via Zoom Video Conferencing

## BLOCK 1:

1. Introduction – What is Analytical Psychotherapy? Historical Concept of the Unconscious.
2. Introduction to Freud's Concept of Psyche
3. Introduction to Jung's Concept of Psyche
4. Archetypes. Collective Unconscious, The Psychoid. Synchronicity
5. British Developmental Jungian Analysis
6. Introduction to Klein and Object Relations
7. Winnicott
8. The Analytic Frame
9. The Transference
10. Process and Goals of Therapy

## BLOCK 2:

1. Concepts of Health vs Pathology
2. Depression
3. Anxiety
4. Obsessive Compulsive States
5. Trauma
6. Psychosis
7. Psyche-soma
8. New Developments in the Field: Neuroscience, etc
9. Dreams and Symbolic Life
10. Conclusion. Ways Ahead

## TIMETABLE

### Block 1:

17, 24 September 2020  
1, 8, 15 October 2020  
5, 12, 19, 26 November 2020  
3 December 2020

### Block 2:

14, 21, 28 January 2021  
4, 11, 25 February 2021  
4, 11, 18, 25 March 2021

## TEACHERS

The course will be taught by experienced analytic psychotherapists / analysts

## CONTACT

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## FEE

**£450.00 per block**

(10% discount if both blocks are booked at the same time)

## CPD

**Maximum of 20 CPD hours per Block**

(CPD certificates will be issued on completion)