

Saturday 6th June 2020
“STARVING THE BLACK MATERIAL IN MY STOMACH”
ON THE USE OF DREAMS IN THE HEALING PROCESS OF EATING
DISORDERS
Yoram Inspector

The sufferers of Eating Disorders are caught in a concrete, mechanical and sterile world in which their self-esteem and worth become solely dependent on their body shape and weight. On the surface life is reduced to soulless repetitive rituals, calorie counting and compulsive weighing, yet, being attuned to the patients' dreams in the process of psychotherapy might create the gateway to the vital psychic life that exists underneath the surface of the symptoms, allowing access to a dialogue with their deep relational wounds and traumas. I will try to demonstrate how the Jungian approach which believes in the compensatory function of the unconscious can be especially useful in these complex, life threatening disorders.

Yoram Inspector is a consultant psychiatrist and a Jungian analyst. He is a member of the Society of Analytical Psychology and The New Israeli Jungian Association. He has 25 years' experience in treating Eating Disorders in various clinical settings. For the last 8 years he has been working full time in the NHS at the Psychological Medicine Unit of St Mark's Hospital which provides psychotherapy for patients who suffer from various gastrointestinal diseases and disorders.

APPLICATION DETAILS FOR NOVEMBER 2019

This event will be held between 10.15am and 2.45pm at Staff House, University of Birmingham

The cost for the lecture (incl. lunch) is £95.00 (Student Rate - £70.00).

Bookings must be made by 31st October 2019

APPLICATION DETAILS FOR JANUARY – JUNE 2020

The lectures from **January to June 2020 inclusive** will be held at **The Birmingham & Midland Institute, 9 Margaret Street, Birmingham, B3 3BS (www.bmi.org.uk)**. These lectures will be held between **10:15 – 12:45**. The cost for each lecture is **£50.00 for WMIP members** and **£60.00 for non-WMIP members**. Bookings should ideally be made at least a fortnight before the lecture to be attended.

PAYMENT DETAILS

Please make BACS payments as follows:

Bank: Barclays, Sort Code: 20-08-44, Account No: 03737950

Account Name: The Training in Jungian Analytical Psychotherapy

(Please use your name as a reference)

Payment by Cheque:

All cheques should be made payable to *'The Training in Jungian Analytical Psychotherapy'* and sent to: Sue Harford, Administrator to the Training Committee, Unit 1A, Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES.

Telephone: 08444 631 341. Email: aptc@wmip.org



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WEST MIDLANDS
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The Analytical Psychotherapy Training:
Birmingham

Presents

A Public Lecture Series
2019 / 2020

9th November 2019

18th January 2020

14th March 2020

2nd May 2020

6th June 2020

A series of papers which illustrate the influence and application of Jungian and psychoanalytic concepts to the practice of analytical psychotherapy.



Saturday 9th November 2019

**“I HOPE YOU DIE AND I HOPE IT’S SOON”:
CAN INFANTICIDAL WISHES BE SURVIVED?**

Professor Brett Kahr

Although Sigmund Freud wrote extensively about death wishes in the family, he devoted far more attention to the *child's* desire to kill the *parent* of the same sex as well as any unwanted siblings, rather than upon the *parent's* desire to murder the *child*. Donald Winnicott elaborated upon parental death wishes, especially in his classic essay “Hate in the Counter-Transference”, albeit rather briskly. Building upon these foundational contributions, I will draw upon his work with psychotic and forensic patients and, also, with normal-neurotic individuals, to explore the many ways in which maternal and paternal death wishes and death threats towards babies and children become internalised over time and ultimately contribute to the development of severe psychopathology. I will explore the concept of the “infanticidal attachment”, examining how early death threats can damage the very foundations of the ego structure, resulting in psychosis, suicidality, criminality, severe eating problems, life-threatening addictions, and a host of other extreme psychological states. Drawing upon extensive case material, I will consider how intensive, long-term psychoanalytically orientated treatment can contribute to the neutralisation of such toxic “infanticidal introjects”.

Professor Brett Kahr has worked in the mental health profession for over forty years. He is Senior Fellow at the Tavistock Institute of Medical Psychology in London and, also, Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health. A Consultant Psychotherapist at The Balint Consultancy and a Consultant in Psychology to The Bowlby Centre, he is also a Trustee of the Freud Museum London and of Freud Museum Publications. Kahr is the author or editor of twelve books, including *D.W. Winnicott: A Biographical Portrait*, which won the Gradiva Award for Biography, as well as the best-selling *Sex and the Psyche*, a study of the traumatic origins of sexual fantasies. His most recent book is entitled *How to Flourish as a Psychotherapist*. He is also Series Editor of over fifty-five further titles on forensic psychotherapy; the history of psychoanalysis; and couple and family psychoanalysis. His forthcoming book is entitled *Bombs in the Consulting Room: Surviving Psychological Shrapnel*. Formerly Resident Psychotherapist on B.B.C. Radio 2, Kahr maintains a long-standing interest in the dissemination of psychological knowledge to the general public. He currently serves as Trustee of the United Kingdom Council for Psychotherapy and, also, as Chair of the Scholars Committee of the British Psychoanalytic Council.

Saturday 18th January 2020

**IDENTIFICATION – OBSTACLE TO INDIVIDUATION, OR: ON HOW TO
BECOME “ME”**

Alessandra Cavalli

In this talk I will describe how in my work with children unprocessed weaning and the absence of a good experience of separation can lead the child to identify with aspects of the lost caregiver as a defence against pain. I will discuss how this state of affairs becomes a hindrance to individuation. I will highlight what is the meaning of identification as a defence and clarify the link between mourning and individuation.

Alessandra Cavalli PhD (UK) child and an adult analyst in private practice, is a training and supervising analyst at the Society of Analytical Psychology. She supervises therapeutic work with children in care in Mexico (Juconí) since 2008 and has a team of 8 child psychotherapists in London who work with her on the project and travel regularly to Mexico. In 2013 she started a training course in child psychotherapy in Moscow with a group of Jungian and non-Jungian child psychotherapists from London. She has published extensively in the Journal of Analytical Psychology and is co-editor with Lucinda Hawkins and Martha Stevns of the book “Transformation”, published by Karnac in 2013.

Saturday 14th March 2020

**WHEN PARTS OF THE BODY FEEL OTHER: WORKING ANALYTICALLY
WITH TRANSGENDERED STATES**

Robert Withers

Most trans people tend to experience discomfort in their bodies rather than their minds. So, to them the suggestion that therapy may be able to alleviate their gender dysphoria can feel like a misunderstanding of their condition, and/or an accusation of madness. Under these circumstances, medical transition can appear attractive. But if this is sought as a way of avoiding painful psychological issues that have become embodied, it is unlikely to be effective. In this talk I will be exploring some ways that analytical psychotherapists can help overcome this impasse and engage trans clients in meaningful psychotherapeutic work. Participants are welcome to bring relevant case material – subject to the usual requirements of confidentiality.

Robert Withers is a training analyst with the Society of Analytical Psychology. He is in private practice at the Rock Clinic in Brighton, which he co-founded in 1990. He has published several papers on trans phenomena including *The Seventh Penis*, which jointly won the Michael Fordham prize for 2015. He has taught on numerous psychotherapy and university trainings.

Saturday 2nd May 2020

DREAMING MIND: SUBTLE COMMUNICATIONS

Susanna Wright

Analytic work is unsettling at the best of times: some ‘happenings’ take years to come to terms with, let alone to understand. This talk has evolved from an experience when my stance as analyst was eroded because my dreaming mind went out of control.

We will consider the immediate impact of my enactments on the work, some background dynamics that (may) offer an element of explanation, and subtle communications that then evolved out of the dreaming mind of the transference and countertransference relationship. We will look at possible significance for the recovery of a body-mind connection (Lombardi).

Finally, we will think about the central importance of the patient’s response for analytic outcome.

Susanna Wright is a former co-Editor in Chief of the Journal of Analytical Psychology. She works mainly in private practice in North London and Kendal, Cumbria. She is a Supervising and Training Analyst for the SAP and BJAA, and a Training therapist for Westminster Pastoral Foundation. She has an MA in the psychodynamics of organisations, has worked in organisational consultancy and as a supervisor and analyst of routers for IAAP in St Petersburg.