Saturday 6th June 2020
“STARVING THE BLACK MATERIAL IN MY STOMACH”
ON THE USE OF DREAMS IN THE HEALING PROCESS OF EATING DISORDERS
Yoram Inspector

The sufferers of Eating Disorders are caught in a concrete, mechanical and sterile world in which their self-esteem and worth become solely dependent on their body shape and weight. On the surface life is reduced to soulless repetitive rituals, calorie counting and compulsive weighing, yet, being attuned to the patients’ dreams in the process of psychotherapy might create the gateway to the vital psychic life that exists underneath the surface of the symptoms, allowing access to a dialogue with their deep relational wounds and traumas. I will try to demonstrate how the Jungian approach which believes in the compensatory function of the unconscious can be especially useful in these complex, life threatening disorders.

Yoram Inspector is a consultant psychiatrist and a Jungian analyst. He is a member of the Society of Analytical Psychology and the New Israeli Jungian Association. He has 25 years’ experience in treating Eating Disorders in various clinical settings. For the last 8 years he has been working full time in the NHS at the Psychological Medicine Unit of St Mark’s Hospital which provides psychotherapy for patients who suffer from various gastrointestinal diseases and disorders.

APPLICATION DETAILS FOR NOVEMBER 2019
This event will be held between 10.15am and 2.45pm at Staff House, University of Birmingham
The cost for the lecture (incl. lunch) is £95.00 (Student Rate - £70.00).
Bookings must be made by 31st October 2019

APPLICATION DETAILS FOR JANUARY – JUNE 2020
The lectures from January to June 2020 inclusive will be held at The Birmingham & Midland Institute, 9 Margaret Street, Birmingham, B3 3BS (www.bmi.org.uk). These lectures will be held between 10:15 – 12:45. The cost for each lecture is £50.00 for WMIP members and £60.00 for non-WMIP members. Bookings should ideally be made at least a fortnight before the lecture to be attended.

PAYMENT DETAILS
Please make BACS payments as follows:
Bank: Barclays, Sort Code: 20-08-44, Account No: 03737950
Account Name: The Training in Jungian Analytical Psychotherapy
(Please use your name as a reference)

Payment by Cheque:
All cheques should be made payable to ‘The Training in Jungian Analytical Psychotherapy’ and sent to: Sue Harford, Administrator to the Training Committee, Unit 1A, Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES.
Telephone: 08444 631 341. Email: aptc@wmip.org

West Midlands Institute of Psychotherapy
Nairn House, 1174 Stratford Road, Hall Green, Birmingham, B28 8AQ
0121 455 7888 www.wmip.org admin@wmip.org

A series of papers which illustrate the influence and application of Jungian and psychoanalytic concepts to the practice of analytical psychotherapy.
Although Sigmund Freud wrote extensively about death wishes in the family, he devoted far more attention to the child’s desire to kill the parent of the same sex as well as any unwanted siblings, rather than upon the parent’s desire to murder the child. Donald Winnicott elaborated upon parental death wishes, especially in his classic essay “Hate in the Counter-Transference”, albeit rather briskly. Building upon these foundational contributions, I will draw upon his work with psychotic and forensic patients and, also, with normal-neurotic individuals, to explore the many ways in which maternal and paternal death wishes and death threats towards babies and children become internalised over time and ultimately contribute to the development of severe psychopathology. I will explore the concept of the “infanticidal attachment”, examining how early death threats can damage the very foundations of the ego structure, resulting in psychosis, suicidality, criminality, severe eating problems, life-threatening addictions, and a host of other extreme psychological states. Drawing upon extensive case material, I will consider how intensive, long-term psychoanalytically orientated treatment can contribute to the neutralisation of such toxic “infanticidal introjects”.

**Saturday 18th January 2020**

**IDENTIFICATION – OBSTACLE TO INIVIDUATION, OR: ON HOW TO BECOME “ME”**

*Alessandra Cavalli*

In this talk I will describe how in my work with children unprocessed weaning and the absence of a good experience of separation can lead the child to identify with aspects of the lost caregiver as a defence against pain. I will discuss how this state of affairs becomes a hindrance to individuation. I will highlight what is the meaning of identification as a defence and clarify the link between mourning and individuation.

*Alessandra Cavalli* PhD (UK) child and an adult analyst in private practice, is a training and supervising analyst at the Society of Analytical Psychology. She supervises therapeutic work with children in care in Mexico (Juconi) since 2008 and has a team of 8 child psychotherapists in London who work with her on the project and travel regularly to Mexico. In 2013 she started a training course in child psychotherapy in Moscow with a group of Jungian and non-Jungian child psychotherapists from London. She has published extensively in the Journal of Analytical Psychology and is co-editor with Lucinda Hawkins and Martha Stevns of the book “Transformation”, published by Karnac in 2013.