



THE ANALYTICAL PSYCHOTHERAPY TRAINING: BIRMINGHAM

INTRODUCTORY COURSE TO ANALYTICAL PSYCHOTHERAPY

BLOCK 2

MODULE 1: Concepts of Health vs Pathology

DATE: 12th January 2023

TEACHER: Jill Rowbottom

BIOGRAPHY

Jill is a psychoanalytic psychotherapist, qualified through the TCPP course previously run by WMIP. She originally trained as a clinical psychologist and has worked in the NHS for over twenty years. She currently works in private practice and in a specialist psychotherapy service in the NHS. She has experience in supervising others and teaching clinical psychologists in training.

MODULE 2: Depression

DATE: 19th January 2023

TEACHER: Myra Connell

BIOGRAPHY

After twenty-five years in private practice as a holistic acupuncturist and Zero Balancer, Myra trained in psychoanalytic psychotherapy at the Guild of Psychotherapists in London. This is a pluralist training, where she explored different modes of psychotherapy – Jungian, Kleinian, Lacanian, relational and more – and was encouraged to discover her own way of working.

She is now in private practice as a psychotherapist in Birmingham.

Myra believes in the importance of looking at what is in shadow, both culturally and individually. She is a writer and has published a number of pamphlets and one longer collection of poems.



MODULE 3: Anxiety

DATE: 26th January 2023

TEACHER: Hellen Mabhikwa

BIOGRAPHY

Hellen is a Jungian Analytical Psychotherapist currently working in private practice.

She also practiced in the NHS for several years.

She offers individual work to adults from ages of 18 and supervision to clinicians from all modalities who wish to develop their psychodynamic thinking.

She is a training analyst and supervisor.

MODULE 4: Obsessive Compulsive States

DATE: 2nd February 2023

TEACHER: Shane Sneyd

BIOGRAPHY

Shane is a Jungian Analytical Psychotherapist with the British Psychoanalytical Council in private practice in Dudley, West Midlands.

He originally trained as a youth and community worker and then trained as a counsellor before training at the West Midlands Institute of Psychotherapy.

He is an associate psychotherapist to the Professional Footballers Association (PFA) in partnership with the Sporting Chance Clinic.

Shane is also the current editor for the West Midlands Institute of Psychotherapy e-bulletin and a visiting lecturer on the Birmingham Analytical Psychotherapy Training.

MODULE 5: Trauma

DATE: 9th February 2023

TEACHER: Rachel Dunkley-Jones

BIOGRAPHY

Rachel Dunkley Jones is an Analytical Psychotherapist in private practice in south Birmingham. Her background is in literature, anthropology, and sociology. Prior to training at the West Midlands Institute of Psychotherapy, she worked in healthcare regulation and academic research.



MODULE 6: Psychosis

DATE: 17th February 2022

TEACHER: Tim Wood

BIOGRAPHY

Tim is a Jungian Analytical Psychotherapist working in private practice in South Birmingham. He is also currently Chair of the Analytical Psychotherapy Training Committee: Birmingham at the West Midlands Institute of Psychotherapy.

MODULE 7: Psyche-soma

DATE: 2nd March 2023

TEACHER: Valerie Roach

BIOGRAPHY

Having trained at the Society of Analytical Psychology (SAP) in London, Valerie now works in a Private Practice in Cheltenham as a Jungian Psychoanalyst and Supervisor.

She is also a Professional Member of WMIP and a member of the Analytical Psychotherapy Training Committee in Birmingham. In addition, she is a training analyst for Gloucester Counselling Service and Wessex Counselling Service.

Having initially trained with WPF Therapy in London, she is registered with the BPC.

In addition, she is a member of the British Association of Psychodynamic and Psychoanalytic Supervisors (BAPPS).

At present she is a member of the IAAP and is a trustee of the SAP and was formerly Hon. Secretary.

MODULE 8: New Developments in the Field: Neuroscience, etc

DATE: 9th March 2023

TEACHER: Jinny Sumner

BIOGRAPHY

Jinny is a Jungian Analytical Psychotherapist in private practice in Leamington Spa, Warwickshire.



MODULE 9: Dreams and Symbolic Life

DATE: 16th March 2023

TEACHER: Lisa Sweet

BIOGRAPHY

Lisa originally trained and practiced as a Clinical Psychologist, working in the NHS for several years. Having subsequently trained at the Guild of Psychotherapists in London, she now works in private practice as a Psychoanalytic Psychotherapist in Leicestershire.

MODULE 10: Conclusion. Ways Ahead

DATE: 23rd March 2023

TEACHER: Shane Sneyd

BIOGRAPHY

Shane is a Jungian Analytical Psychotherapist with the British Psychoanalytical Council in private practice in Dudley, West Midlands.

He originally trained as a youth and community worker and then trained as a counsellor before training at the West Midlands Institute of Psychotherapy.

He is an associate psychotherapist to the Professional Footballers Association (PFA) in partnership with the Sporting Chance Clinic.

Shane is also the current editor for the West Midlands Institute of Psychotherapy e-bulletin and a visiting lecturer on the Birmingham Analytical Psychotherapy Training.

