



THE ANALYTICAL PSYCHOTHERAPY TRAINING: BIRMINGHAM

INTRODUCTORY COURSE TO ANALYTICAL PSYCHOTHERAPY

BLOCK 1

**MODULE 1: Introduction – What is Analytical Psychotherapy?
Historical Concept of the Unconscious**

DATE: 15th September 2022

TEACHER: Shane Sneyd

BIOGRAPHY:

Shane is a Jungian Analytical Psychotherapist with the British Psychoanalytical Council in private practice in Dudley, West Midlands.

He originally trained as a youth and community worker and then trained as a counsellor before training at the West Midlands Institute of Psychotherapy.

He is an associate psychotherapist to the Professional Footballers Association (PFA) in partnership with the Sporting Chance Clinic.

Shane is also the current editor for the West Midlands Institute of Psychotherapy e-bulletin and a visiting lecturer on the Birmingham Analytical Psychotherapy Training.

MODULE 2: Introduction to Freud's Concept of Psyche

DATE: 22nd September 2022

TEACHER: Rachel Hirschfeld

BIOGRAPHY:

Rachel did her first training in Clinical Psychology, where early on she found that she had used personal therapy to process the impact of the work.

Rachel has worked in the NHS for over 20 years, and for the majority of that in a tertiary psychotherapy service.

Rachel trained in Contemporary Psychoanalytic Psychotherapy and has followed that tradition, from Freud, through Klein, Bion and the post-Kleinians in how she works with people both in the NHS and in private practice.

Rachel is interested in psychoanalytic research, having done studies into rupture and repair in the therapeutic relationship, and on supervision.



MODULE 3: Introduction to Jung's Concept of Psyche

DATE: 29th September 2022

TEACHER: Sheila Bonas

BIOGRAPHY:

Sheila Bonas is an Analytical Psychotherapist in private practice in Hall Green, Birmingham. Her background is in Health Psychology where she worked as a University lecturer and researcher before taking up clinical work as a health psychologist with NHS patients in physical health settings such as pain management. Working with patients who had complex relationships between their physical and psychological health drew her into psychodynamic approaches, and ultimately into the training in Jungian Analytical Psychotherapy with WMIP.

MODULE 4: Archetypes. Collective Unconscious, The Psychoid. Synchronicity

DATE: 6th October 2022

TEACHER: Jill Eley

BIOGRAPHY:

Jill is a Jungian Analytical Psychotherapist and professional member of BPC, working in full-time private practice in Birmingham.

Jill had a theatre and education background before initial counselling training. She then worked within the public and voluntary sectors in therapeutic children's and adults' services and with refugees prior to her clinical training.

She is a training therapist with The Association of Child Psychotherapists and a visiting lecturer on the Birmingham Analytical Psychotherapy Training.

Jill oversees the West Midlands Institute of Psychotherapy Library Collection housed at Newman University, Birmingham.



MODULE 5: British Developmental Jungian Analysis

DATE: 13th October 2022

TEACHER: Joanna de Waal

BIOGRAPHY:

Joanna is a Jungian Analyst and member of the British Psychotherapy Foundation in private practice in Oxford. She has taught on the West Midland Jungian Analytical Psychotherapy Training and the BJAA Analytic Training. She runs dream workshops for the BPF, co-chairs the BPF Infant Observation committee and has been hugely involved in the creation and development of the new BJAA Jungian Psychotherapy Training. Her qualifying paper won the 2017 Lady Balough Prize and she has given papers at the IVth European Congress (IAAP), 2018 and the XXI International IAAP Conference, 2019. She is also a singer and teacher and in that capacity has worked at Wormwood Scrubs Prison, the Tate, Crisis and various mental health, charity and community organisations.

MODULE 6: Introduction to Klein and Object Relations

DATE: 3rd November 2022

TEACHER: Rachel Hirschfeld

BIOGRAPHY:

Rachel did her first training in Clinical Psychology, where early on she found that she had used personal therapy to process the impact of the work.

Rachel has worked in the NHS for over 20 years, and for the majority of that in a tertiary psychotherapy service.

Rachel trained in Contemporary Psychoanalytic Psychotherapy and has followed that tradition, from Freud, through Klein, Bion and the post-Kleinians in how she works with people both in the NHS and in private practice.

Rachel is interested in psychoanalytic research, having done studies into rupture and repair in the therapeutic relationship, and on supervision.

MODULE 7: Winnicott

DATE: 10th November 2022

TEACHER: Rachel Dunkley-Jones

BIOGRAPHY

Rachel Dunkley Jones is an Analytical Psychotherapist in private practice in south Birmingham. Her background is in literature, anthropology, and sociology. Prior to training at the West Midlands Institute of Psychotherapy, she worked in healthcare regulation and academic research.



MODULE 8: The Analytic Frame

DATE: 17th November 2022

TEACHER: Shane Sneyd

BIOGRAPHY

Shane is a Jungian Analytical Psychotherapist with the British Psychoanalytical Council in private practice in Dudley, West Midlands.

He originally trained as a youth and community worker and then trained as a counsellor before training at the West Midlands Institute of Psychotherapy.

He is an associate psychotherapist to the Professional Footballers Association (PFA) in partnership with the Sporting Chance Clinic.

Shane is also the current editor for the West Midlands Institute of Psychotherapy e-bulletin and a visiting lecturer on the Birmingham Analytical Psychotherapy Training.

MODULE 9: The Transference

DATE: 24th November 2022

TEACHER: Carrie Worrall

BIOGRAPHY:

Carrie is a graduate of the West Midlands Institute of Psychotherapy's Analytical Psychotherapy Training (APT).

She is an experienced psychotherapist with a particular interest in the relational aspects of development and psychology. Her understanding of transference as one of the key concepts in analytical work, is informed by her own experience of personal therapy as well as her clinical practice. Carrie is UKCP and BPC registered and works privately in Leamington Spa.

MODULE 10: Process and Goals of Therapy

DATE: 1st December 2022

TEACHER: Alison Rolfe

BIOGRAPHY:

Alison is a Jungian Analytical Psychotherapist and registered member of BPC and UKCP. Alison has a background in academic psychology, working as a researcher mainly in the addictions field for some years. She combined this with training and working as a psychodynamic counsellor, gaining experience in the NHS and occupational health fields before starting her own small private practice. She later moved into a University lecturing role in the fields of social psychology and counselling, where she gained extensive experience in lecturing, as well as in academic middle management, overseeing the training of integrative counsellors and psychotherapists. She now works in full-time private practice in South Birmingham.

