



# THE ANALYTICAL PSYCHOTHERAPY TRAINING: BIRMINGHAM

## INTRODUCTORY COURSE TO ANALYTICAL PSYCHOTHERAPY

### BLOCK 2

**MODULE 1: Concepts of Health vs Pathology**

**DATE: 14<sup>th</sup> January 2021**

**TEACHER: Debbie Williams**

#### **BIOGRAPHY**

Debbie trained originally as a Clinical Psychologist and subsequently as a Kleinian Psychoanalytic Psychotherapist.

She works in the NHS providing Psychotherapy, Supervision and Consultancy from a psychoanalytic perspective.

Debbie is currently Co-chair of the Training in Contemporary Psychoanalytic Psychotherapy (TCPP) and has been an active member of WMIP for over 20 years.

She teaches on Psychoanalytic matters regularly to a wide variety of professionals and has particular interest in early development of the mind and how we can understand emotional and mental health struggles on the basis of early relationships.

**MODULE 2: Depression**

**DATE: 21<sup>st</sup> January 2021**

**TEACHER: Myra Connell**

#### **BIOGRAPHY**

After twenty-five years in private practice as a holistic acupuncturist and Zero Balancer, Myra trained in psychoanalytic psychotherapy at the Guild of Psychotherapists in London.

This is a pluralist training, where she explored different modes of psychotherapy – Jungian, Kleinian, Lacanian, relational and more – and was encouraged to discover her own way of working.

She is now in private practice as a psychotherapist in Birmingham.

Myra believes in the importance of looking at what is in shadow, both culturally and individually.

She is a writer and has published a number of pamphlets and one longer collection of poems.



**MODULE 3: Anxiety**

**DATE:** 28<sup>th</sup> January 2021

**TEACHER:** Hellen Mabhikwa

**BIOGRAPHY**

Hellen is a Jungian Analytical Psychotherapist currently working in private practice.

She also practiced in the NHS for several years.

She offers individual work to adults from ages of 18.

She is in the ideas of psychoanalysis and also other ideas that have enhanced our understanding of the body. Neuroscience among others is of real interest.

**MODULE 4: Obsessive Compulsive States**

**DATE:** 4<sup>th</sup> February 2021

**TEACHER:** Shane Sneyd

**BIOGRAPHY**

Shane is a Jungian Analytical Psychotherapist with the British Psychoanalytical Council in private practice in Dudley, West Midlands.

He originally trained as a youth and community worker and then trained as a counsellor before training at the West Midlands Institute of Psychotherapy.

He is an associate psychotherapist to the Professional Footballers Association (PFA) in partnership with the Sporting Chance Clinic.

Shane is also the current editor for the West Midlands Institute of Psychotherapy e-bulletin and a visiting lecturer on the Birmingham Analytical Psychotherapy Training.

**MODULE 5: Trauma**

**DATE:** 11<sup>th</sup> February 2021

**TEACHER:** Rachel Dunkley-Jones

**BIOGRAPHY**

Rachel Dunkley Jones is an Analytical Psychotherapist in private practice in south Birmingham. Her background is in literature, anthropology, and sociology. Prior to training at the West Midlands Institute of Psychotherapy, she worked in healthcare regulation and academic research. She is the joint organiser of a collaboration between WMIP and the Birmingham Literature Festival, bringing therapists into conversation with writers to think analytically about politics, fiction, history and poetry.



**MODULE 6: Psychosis**

**DATE:** 25<sup>th</sup> February 2021

**TEACHER:** Tim Wood

**BIOGRAPHY**

Tim is a Jungian Analytical Psychotherapist and Clinical Psychologist, working in private practice in South Birmingham and half-time in the Specialist Psychotherapies Service, which is a tertiary level service in Birmingham and Solihull Mental Health Foundation Trust.

He is also a member of the Analytical Psychotherapy Training Committee in Birmingham at the West Midlands Institute of Psychotherapy and was previously a trustee of the West Midlands Institute of Psychotherapy.

**MODULE 7: Psyche-soma**

**DATE:** 4<sup>th</sup> March 2021

**TEACHER:** Valerie Roach

**BIOGRAPHY**

Having trained at the Society of Analytical Psychology (SAP) in London, Valerie now works in a Private Practice in Cheltenham as a Jungian Psychoanalyst.

She is also a Professional Member of WMIP and a member of the Analytical Psychotherapy Training Committee in Birmingham.

Having initially trained with WPF in London, she is registered with BPC, UKCP and BACP.

In addition, she is a member of the British Association of Psychodynamic and Psychoanalytic Supervisors (BAPPS).

At present, she is a trustee of the SAP and was formerly Hon. Secretary.

**MODULE 8: New Developments in the Field: Neuroscience, etc**

**DATE:** 11<sup>th</sup> March 2021

**TEACHER:** Jinny Sumner

**BIOGRAPHY**

Jinny is a Jungian Analytical Psychotherapist, a Parent Infant Psychotherapist and an EMDR practitioner (Eye Movement De-Sensitisation Reprocessing).

She has a private practice in Leamington Spa, Warwickshire



**MODULE 9: Dreams and Symbolic Life**

**DATE:** 18<sup>th</sup> March 2021

**TEACHER:** Lee du Plessis

**BIOGRAPHY**

Lee is an Art Psychotherapist and a Jungian Analytical Psychotherapist.

She worked in the NHS, both with in-patients and out-patients, and now works in private practice with adults.

**MODULE 10: Conclusion. Ways Ahead**

**DATE:** 25<sup>th</sup> March 2021

**TEACHER:** Heather McCartney

**BIOGRAPHY**

Heather is an analytical psychotherapist based in Cheltenham And Birmingham.

She is a former chair of the Analytical Psychotherapy Training Committee in Birmingham at the West Midlands Institute of Psychotherapy.

She is a translator with the Philemon Foundation, working on some of the as yet unpublished works of C G Jung.

