



# THE ANALYTICAL PSYCHOTHERAPY TRAINING: BIRMINGHAM

## INTRODUCTORY COURSE TO ANALYTICAL PSYCHOTHERAPY

### BLOCK 1

**MODULE 1: Introduction – What is Analytical Psychotherapy?  
Historical Concept of the Unconscious**

**DATE: 17<sup>th</sup> September 2020**

**TEACHER: Heather McCartney**

**BIOGRAPHY:**

Heather is an analytical psychotherapist based in Cheltenham And Birmingham. She is a former chair of the Analytical Psychotherapy Training Committee in Birmingham at the West Midlands Institute of Psychotherapy. She is a translator with the Philemon Foundation, working on some of the as yet unpublished works of C G Jung.

**MODULE 2: Introduction to Freud's Concept of Psyche**

**DATE: 24<sup>th</sup> September 2020**

**TEACHER: Rachel Hirschfeld**

**BIOGRAPHY:**

Rachel, as a psychology undergraduate, has worked on a Psychiatric Intensive Care Unit (PICU) and went on to do a Masters in Psychoanalytic Studies. At that time, she was interested in psychosis, it's appearance often on the cusp of adulthood, and what's happening in the internal world during that transition. She did her first training in Clinical Psychology, where early on she found that she had used personal therapy to process the impact of the work. She has worked in the NHS for over 20 years, and for the majority of that in a tertiary psychotherapy service. More recently, she graduated from the Training in Contemporary Psychoanalytic Psychotherapy and has followed that tradition, from Freud, through Klein, Bion and the post-Kleinians in how she works with people both in the NHS and in private practice. She is interested in psychoanalytic research, having done studies into rupture and repair in the therapeutic relationship, and on supervision.



**MODULE 3: Introduction to Jung's Concept of Psyche**

**DATE:** 1<sup>st</sup> October 2020

**TEACHER:** Heather McCartney

**BIOGRAPHY:**

Heather is an analytical psychotherapist based in Cheltenham And Birmingham.

She is a former chair of the Analytical Psychotherapy Training Committee in Birmingham at the West Midlands Institute of Psychotherapy.

She is a translator with the Philemon Foundation, working on some of the as yet unpublished works of C G Jung.

**MODULE 4: Archetypes. Collective Unconscious, The Psychoid. Synchronicity**

**DATE:** 8<sup>th</sup> October 2020

**TEACHER:** Basia Gasiorek

**BIOGRAPHY:**

Basia initially trained as a clinical psychologist obtaining a doctorate in Experimental Clinical Psychology at McGill University in Montreal, Canada.

She worked for several years in the NHS before completing her training as a Jungian Analytical Psychotherapist at the West Midlands Institute of Psychotherapy.

She is a past member of the Analytical Psychotherapy Training Committee in Birmingham and is in full time private practice in Birmingham.

**MODULE 5: British Developmental Jungian Analysis**

**DATE:** 15<sup>th</sup> October 2020

**TEACHER:** Joanna de Waal

**BIOGRAPHY:**

Joanna is a Jungian Analyst and member of the British Psychotherapy Foundation.

She teaches on the West Midlands Institute of Psychotherapy's Analytical Psychotherapy Training and the BPF Jungian Adult Training.

As a trained teacher and singer, she has worked at Wormwood Scrubs Prison, the Tate, Crisis and various mental health and community organisations as a music practitioner and performer with a primary focus on voice.

Joanna currently lives and works in private practice in Oxford, UK.



**MODULE 6: Introduction to Klein and Object Relations**

**DATE: 5<sup>th</sup> November 2020**

**TEACHER: Debbie Williams**

**BIOGRAPHY:**

Debbie trained originally as a Clinical Psychologist and subsequently as a Kleinian Psychoanalytic Psychotherapist.

She works in the NHS providing Psychotherapy, Supervision and Consultancy from a psychoanalytic perspective.

Debbie is currently Co-chair of the Training in Contemporary Psychoanalytic Psychotherapy (TCPP) and has been an active member of WMIP for over 20 years.

She teaches on Psychoanalytic matters regularly to a wide variety of professionals and has particular interest in early development of the mind and how we can understand emotional and mental health struggles on the basis of early relationships.

**MODULE 7: Winnicott**

**DATE: 12<sup>th</sup> November 2020**

**TEACHER: Sarah Cooke**

**BIOGRAPHY:**

Sarah trained first in psychoanalytic psychotherapy and later as a Jungian Psychoanalyst at the Society of Analytical Psychology, London where she is now a Training and Supervising Analyst. She is also a Training Analyst and Supervisor for the Analytical Psychotherapy Training (WMIP) and for WPF (London).

She has a private practice as an analyst and supervisor in Worcestershire.

Prior to practising in the field of analysis and psychotherapy, she worked in the church and in the mental health voluntary sector.

Sarah is a former assistant director of the Squiggle Foundation which exists to disseminate the work of Winnicott as widely as possible, and she has taught and lectured on Winnicott in a wide variety of settings.



## **MODULE 8: The Analytic Frame**

**DATE:** 19<sup>th</sup> November 2020

**TEACHER:** Shane Sneyd

### **BIOGRAPHY**

Shane is a Jungian Analytical Psychotherapist with the British Psychoanalytical Council in private practice in Dudley, West Midlands.

He originally trained as a youth and community worker and then trained as a counsellor before training at the West Midlands Institute of Psychotherapy.

He is an associate psychotherapist to the Professional Footballers Association (PFA) in partnership with the Sporting Chance Clinic.

Shane is also the current editor for the West Midlands Institute of Psychotherapy e-bulletin and a visiting lecturer on the Birmingham Analytical Psychotherapy Training.

## **MODULE 9: The Transference**

**DATE:** 26<sup>th</sup> November 2020

**TEACHER:** Carrie Worrall

### **BIOGRAPHY:**

Carrie is a graduate of the West Midlands Institute of Psychotherapy's Analytical Psychotherapy Training (APT).

She has over ten years of experience in psychotherapy after starting out as a bereavement counsellor in Birmingham.

Her understanding of transference, as one of the key concepts in analytical work, is informed by her own experience of personal therapy as well as her clinical practice.

Carrie is UKCP and BPC registered, and works privately in Leamington Spa

## **MODULE 10: Process and Goals of Therapy**

**DATE:** 3<sup>rd</sup> December 2020

**TEACHER:** Heather McCartney

### **BIOGRAPHY:**

Heather is an analytical psychotherapist based in Cheltenham And Birmingham.

She is a former chair of the Analytical Psychotherapy Training Committee in Birmingham at the West Midlands Institute of Psychotherapy.

She is a translator with the Philemon Foundation, working on some of the as yet unpublished works of C G Jung.

